

WILDER KAISER

Ellmau | Going | Scheffau | Söll

Outdoor adventures. *Hiking & mountain sport*



**30
HIKING &
CYCLING
TOURS**
with pull out
Guide

Hiking & mountain huts

Via ferratas & summit hikes

Weekly programme

Mountain biking

Running & Nordic Walking



The Wilder Kaiser Region. A mountain range full of adventure in the heart of Tyrol. The majestic mountain loves to welcome guests, who compete against him and those who admire him. Summer in the Wilder Kaiser – fascination, freedom and emotion!

Do you know the tales of the legend that is the Wilder Kaiser? The mountain, with its climbing history and mountaineering legends is awe-inspiring and inviting. It gives protection and demands respect. This fascinating and powerful landscape has influenced the villages of Ellmau, Going, Scheffau and Söll, which lie at its foot. They are relaxed and friendly, as well as sporty, active, invigorating and inspiring.

Discover the Wilder Kaiser in summer: enjoy a panoramic hike on the grassy peaks of the northern Kitzbühel Alps ... explore this alpine adventure world and enjoy a home-made breakfast on the mountain.

Dive into the refreshing crystal clear waters of alpine lakes. Experience nature at her best every day and enjoy friendly encounters with other nature lovers. The Wilder Kaiser, it's Tyrol's *grandest alpine experience*.



The Wilder Kaiser and his kingdom

THEMES

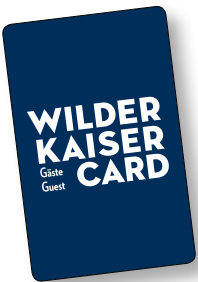
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LEGEND

Easy	Elevation uphill
Medium	Elevation downhill
Difficult	Highest point
Suitable for children and families	Total walking time
Total distance	Start
Total vertical climb ascent/ decent	Finish
	Parking

**Tourismusverband
WILDER KAISER**
6352 Ellmau · Dorf 35
Tirol · Austria
T: +43 (0) 50509
F: +43 (0) 50509 190
office@wilderkaiser.info
www.wilderkaiser.info



The **Wilder Kaiser Guest-Card** is available free from your accommodation host. Take advantage of the many included and bonus services which will enrich your stay in the Wilder Kaiser.

The Crown of the Alps. Enjoy the most beautiful days of your year in the Wilder Kaiser Holiday Region. Spend time surrounded by glorious nature in one of the four villages lying at the foot of the impressive Wilder Kaiser Mountains. Ellmau delights, Going strengthens, Scheffau invigorates and Söll refreshes!



WILDER KAISER

Ellmau | Going | Scheffau | Söll



Hiking. The magic of walking. Thanks to the high standard of signposting and route conditions, as well as the free hiking bus and stamp book, the most natural form of movement in the mountains becomes even more attractive.

Sport Shops offering hiking clothing and equipment:

ELLMAU

Schuh- & Sport Profi Günther
(The original hiking boot test and hire centre)
Birkenweg 23
T: +43 (0) 5358 2548
info@schuh-sport.at
www.schuh-sport.at

Intersport Winkler (main shop)
Dorf 11
T: +43 (0) 5358 2305
info@intersport-winkler.at
www.intersport-winkler.at

Sport 2000 Fuchs
Alte Straße 3
T: +43 (0) 5358 2555
info@skifuchs.at
www.skifuchs.at

GOING

GoingSport (main shop)
Dorfstraße 10
T: +43 (0) 5358 3127
office@goingsport.at
www.goingsport.at

Sport-Eck Stanglwirt*****
Kaiserweg 1,
T: +43 (0) 2000 7852
sporteck@stanglwirt.com
www.goingsport.at

SCHEFFAU

Sport Gatt
Am Trattenbach 8
T: +43 (0) 650 4483772
office@sport-gatt.at
www.sport-gatt.at

Alpin-Laden-Center Sportshop Rainer
Dorf 29
T: 43 (0) 5358 8346
rainer.soell@aon.at
www.sport-rainer.at

SÖLL

Sporthaus Edinger (valley station)
Stampfanger 21
T: +43 (0) 5333 20040
info@sport-edinger.at
www.sport-edinger.at



Hike on quality-assured paths

Hiking Seal of Quality

The Wilder Kaiser Region is the very first alpine region to be awarded the Austrian Seal of Quality. The hiking infrastructure in all four villages – including accommodation, hiking paths and information – were inspected by the commission that governs hiking standards in Austria. For the “Magie des Gehens” (the Magic of Hiking) the overall hiking experience was considered in respect of range, variety and impression. Thanks to this Hiking Seal of Quality, the Wilder Kaiser was found to offer “the strongest mountain experience in the Alps”. Ellmau, Going, Scheffau and Söll were rewarded for their hiking paths. These follow each village's philosophy. Söll refreshes. In Scheffau water plays a major role, as does tradition in Going. Ellmau was noted for its themed hiking routes. The whole region is part of the Kaisergebirge Nature Reserve, which covers 102 km², rising from 480 metres above sea level to the highest peak in the Wilder Kaiser, the Ellmauer Halt, at 2,344 metres.

The Hiking Specialists

The Wilder Kaiser Hiking Specialists Group is currently made up of eleven accommodation sites in the region. Due to their special hiking provisions they have been awarded the Austrian Hiking Seal of Quality. Each features one exclusive guided walk, in a small group, per stay, with our hiking guide. The quality-assured hiking services include personal hiking tips, in-house hiking literature and a hiking starting point. A range of guided hikes (both half and full day) are also organised in the Wilder Kaiser Region each week.



Hiking is rewarded

Hiking Medals

Family walks in the Wilder Kaiser are rewarded. The ideal holiday souvenir is your very own Wilder Kaiser Hiking Medal. These are available in bronze, silver and gold, or the Bergwelt Hiking Medal.



You will get the **Stempelbuch** in all info offices for free.

Check List

Good preparation ensures safety on the mountain.

Equipment:

- Outdoor clothing suitable for weather conditions (good shoes)
- A snack and drink
- First aid supplies
- Fully charged mobile phone (with charging unit)
- Hiking map
- Sun protection
- Bivouac sack

Tour Planning:

- Comprehensive tour planning in advance
- Weather forecast and conditions to be noted
- Ensure the planned tour suits the level of ability

Tips and suggestions:

- Beware of Alpine dangers (rock falls, avalanche danger, weather risks)
- The “layer” principle is suggested for clothing.



Mobile with the KaiserJet

Hiking Bus KaiserJet

Get around the Wilder Kaiser without a car. Travel free around the entire region with the hiking and swimming bus. This service operates from the end of May until the beginning of October and runs to all valley lift stations, lakes, swimming pools, villages and places of interest. Return comfortably to your base. Timetables are available at the Information Offices in Ellmau, Going, Scheffau and Söll.

First Aid

- First Aid kit
- Fully charged mobile phone

Emergency number:

140: Mountain rescue – Alpine emergency number

Registering an accident:

1. Where did it happen?
2. What happened?
3. How many are injured?
4. What are the injuries?
5. Who is reporting the accident? Do not hang up until you are asked to do so!

No network? Move to a better location.

Dial Euro emergency number 112 (access to any available network, when you switch on instead of your PIN code, enter 112 or use the SOS emergency call function.)

Emergency call App Tirol Mountain Rescue.

Smartphone users should install this free App before their tour. This will help when making an emergency call and will transmit your actual location.



Guided tours

Mountain and Hiking Guides

Mountain hikes and tours to summits require knowledge and experience. Sound training and an exact plan are needed in order to make these interesting and safe.

Qualified mountain guides offer summit and climbing tours: Via Ferrata and difficult (black) alpine routes, such as an assault on the Ellmauer Halt, crossing the Wilder Kaiser or the Via Ferrata Klamml. www.wilderkaiser.info/bergfuehrer

Hiking guides may accompany you on mountain paths rated medium (red), such as the 3 day hut-to-hut hike on the Adlerweg, or the themed hikes.

www.wilderkaiser.info/wanderfuehrer

Tips:

Alpine Sports Week from **20th June to 27th June 2015**
Six mountain sports in six days
www.wilderkaiser.info/bergsportwoche

Ellmau Hiking Week from **31st August to 4th September 2015**
with five guided, themed hikes.
www.wilderkaiser.info/ellmauer-wanderwoche

Tip:

With the **hiking shuttle BergTaxi** provided by Stadttaxi Ellmau-Kitzbühel you get to the region's best places to start out on a hike easily and at a great price. Price sample: Ellmau village – Wochenbrunner Alm € 7,- per person (€ 6,- with Wilder Kaiser Guest Card).
T: +43 (0) 5358 3912
www.wilderkaiser.info/wandershuttle

Huts in the Wilder Kaiser. Hiking destinations, panoramic viewing points, authentic inns and a roof over your head. Like pearls, the Wilder Kaiser has a string of century-old huts and weather-proof shelters. They are places for rest and refreshment and often lead to a spontaneous mountain party.



Hinterschießlingalm above Scheffau

They are traditional established huts, born of the mountain pastures, some of which have belonged to the same family for generations. The Wilder Kaiser has a strong hut culture, mainly due to its century-long history of alpine farming. Produce such as cheese is still produced today, either at the hut, or at the valley farm, and is offered at the hut. Should you visit the Steiner Hochalm below the Scheffauer, whilst having a drink you may be entertained by hosts Maridi and Peter, who sing and play the harp. The peaks are therefore not always

the only temptation, but also a chance to linger and to recharge the batteries. There are three traditional huts in the Wilder Kaiser belonging to the Alpenverein or Alpine Club: Gruttenhütte, Gaudeamushütte and Ackerlhütte. These are ideal base camps for climbing tours and are in the evening quite often meeting points for hikers and mountaineers. The grassy peaks lying opposite the Wilder Kaiser also have welcoming inns and huts along their panoramic hiking paths. These offer superb views of the Wilder Kaiser and can be accessed by cable car.



The **Mountain Hut Guide** lists all huts where "Breakfast on the Mountain" is available. It is free of charge and is available at all Information Offices.

Breakfast on the Mountain

An early rise is amply rewarded by the first rays of morning sunshine as they touch the peaks of the Wilder Kaiser. Enjoy these unique moments after a morning hike, as well as a traditional mountain breakfast with home-made farmers bread, cheese and milk direct from the stable.



Order your "Breakfast on the Mountain" voucher - priced at € 10 - and enjoy a traditional breakfast in one of our 20 plus participating huts ... available at all info offices in the Wilder Kaiser or online at www.wilderkaiser.info/shop



All huts which offer Breakfast on the Mountain:

ELLMAU

- 1 Brenner Alm**
T: +43 (0) 5358 44022
April - November
Closed Tuesday
- 2 Gruttenhütte**
T: +43 (0) 5338 2242
June - October
Open every day
- 3 Panoramarestaurant Bergkaiser**
T: +43 (0) 5338 2320 232
June - October
Open every day
- 4 Riedlhütte**
T: +43 (0) 664 2770697
May - October
Open every day
- 5 Rübzahl-Alm**
T: +43 (0) 5358 2646
May - October
Closed in bad weather
- 6 Jägerhütte**
T: +43 (0) 664 4388946
May - October
Closed in bad weather

- 7 Kummereralm**
T: +43 (0) 664 4303590
May - October
Open every day
- 8 Treichlhof**
T: +43 (0) 5358 3101
May - October
Closed Monday

GOING

- 9 Obere Regalm**
T: +43 (0) 664 1309164
June - October
Open WED, SAT, SUN
- 10 Blattlalm**
T: +43 (0) 5358 2401
June - September
Breakfast only Sundays

SCHEFFAU

- 11 Bergrestaurant Brandstadl**
T: +43 (0) 650 9113201
May - October
Open every day

- 12 Hinterschießlingalm**
T: +43 (0) 676 3274850
May - September
Open WED - SUN

- 13 Gasthof Pension Jägerwirt**
T: +43 (0) 5358 86700
Open all year
Closed Monday and Tuesday

- 14 Tanzbodenalm**
T: +43 (0) 5358 43150
May - October
Open every day

- 15 Hochlechen**
T: +43 (0) 5358 8351
May - October
Open every day

- 16 Walleralm**
T: +43 (0) 664 9858139
April - November
Open every day

SÖLL

- 17 Alpengasthof Gruberhof**
T: +43 (0) 5333 5104
April - October
Closed Monday

- 18 Alpengasthof Kraftalm**
T: +43 (0) 5332 75152
May - October
Closed MON, TUE

- 19 Alpengasthof Rigi**
T: +43 (0) 5335 2430
June - October
Closed Thursday


- 20 Alpengasthof Stallhäusl**
T: +43 (0) 5332 76342
March - January
Closed MON, TUE

- 21 Bergrestaurant Gründlalm**
T: +43 (0) 5333 5060
May - October
Open every day

- 22 Gipfelrestaurant Hohe Salve**
T: +43 (0) 5335 2216
May - October
Open every day

- 23 Stöcklalm**
T: +43 (0) 5333 5127
May - October
Open every day

Further information about the hut breakfast offers can be found in the Mountain Hut Guide. Please reserve in advance. Information is without guarantee and may be subject to change. www.fruehstueckamberg.at

 **Summer in the mountains is just as exciting as it is in winter** – Tirol's summer lifts take care of that: adventure-oriented hikers and those who are looking for tranquillity, families and individualists, all make their way comfortably to the dizzy heights.

Tariffs
Summer 2015*

Kitzbüheler Alpen Summer Card				
Valid	Adults		Children	
	without Guest Card	with Guest Card	without Guest Card	with Guest Card
1 Day	–	–	–	–
2 Days	–	–	–	–
3 Days	€ 48,00	€ 45,50	€ 24,00	€ 23,00
4 Days	€ 52,50	€ 50,00	€ 26,50	€ 25,00
5 Days	€ 60,50	€ 57,50	€ 30,50	€ 29,00
6 Days	€ 64,00	€ 61,00	€ 32,00	€ 30,50
7 Days	€ 67,50	€ 64,00	€ 34,00	€ 32,50
8 Days (with photo)	€ 72,00	€ 68,50	€ 36,00	€ 34,00
9 Days (with photo)	€ 75,50	€ 71,50	€ 38,00	€ 36,00
10 Days (with photo)	€ 80,50	€ 76,50	€ 40,50	€ 38,50
11 Days (with photo)	€ 84,00	€ 80,00	€ 42,00	€ 40,00
12 Days (with photo)	€ 88,00	€ 83,50	€ 44,00	€ 42,00
13 Days (with photo)	€ 92,00	€ 87,50	€ 46,00	€ 43,50
14 Days (with photo)	€ 95,50	€ 90,50	€ 48,00	€ 45,50
Season ticket	€ 208,00	–	€ 104,00	–

* Adults = DOB up to 1996; Youths= DOB 1997-1999 (SkiWelt summer season ticket € 107,00); child = DOB 2000-2010; children born 2011 and after travel free of charge!



With the **Kitzbüheler Alpen Summer Card** you get to use 29 cable cars daily and get a 25% or 50% discount with 39 bonus partners, such as swimming pools and excursion destinations.www.allstarcard.at



With the **SkiWelt Adventure Hiking Pass** you get to use all 4 cable cars in the region daily and get up to 50% discount with 26 bonus partners, such as swimming pools, excursion destinations, leisure facilities and adventure-based offers.
www.skiwelt.at



With the free **Wilder Kaiser Guest Card** you get a 5% discount on the Kitzbüheler Alpen Summer Card and on the SkiWelt Adventure Hiking Pass.

Cable car operating hours

SÖLL	14.05.–18.10.2015 9–17:30 daily (Cash desk: 9–17)	ELLMAU	Hartkaiserbahn closed for refurbishment until November 2015. Ellmi's Magical World open 01.06.–18.10.2015 (Cash desk at the Kirchbichl lift open: 9–17)
SCHEFFAU	23.05.–18.10.2015 9–17 daily (Cash desk: 9–17)		
GOING	14.05.–18.10.2015 9:30–17 daily (Cash desk: 9–17)		





SONNSEITRUNDE

An adventure hike from Ellmau's village centre, on route 14 to the Wochenbrunner Alm, from where you can enjoy beautiful views of the Wilder Kaiser. Top up your energy levels at the Ellmauer Steinkreis.



- Medium**
- For families
- 14.5 km
- 646 metres
- 1,284 metres
- 5 hours
- Hiking info board/Ellmau village centre
- Public parking behind the Hotel Alte Post, Ellmau

Special features along the way:

- A** Wochenbrunner Alm Wild Park with deer, does and mountain goats.
- B** Ellmauer Steinkreis – a natural energy field.
- C** The Lamahof Koglerbauer with its award winning Lamas.

Inns along the way:

Wochenbrunner Alm
Wochenbrunnweg 44, 6352 Ellmau
T: +43 (0) 5358 2180
www.wochenbrunn.at

Haflingertränke
Lechen 2, 6352 Ellmau
T: +43 (0) 5358 2334
www.haflingertraenke-grubhof.at

Riedlhütte
Kaisern 10, 6352 Ellmau
T: +43 (0) 664 2770697
www.riedlhuette.at



Wochenbrunner Alm



Riedlhütte



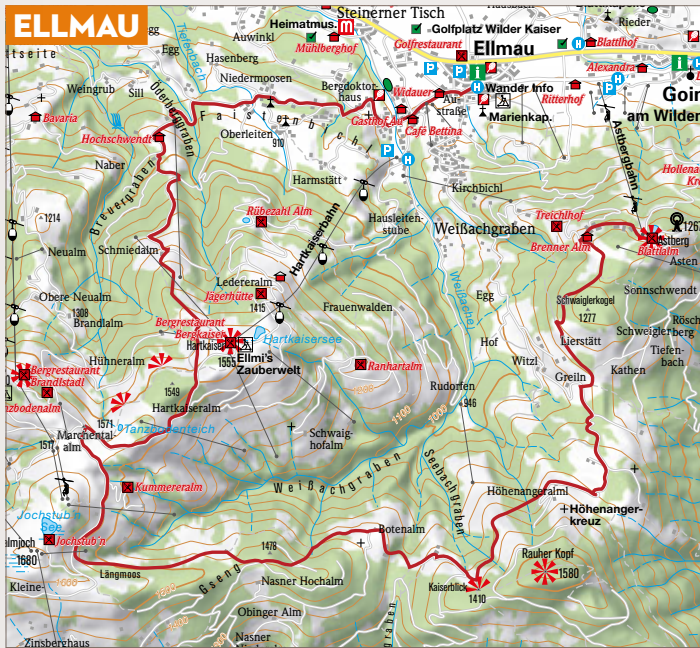
Haflingertränke

After a hearty breakfast, meet at the hiking info board in the village centre before heading towards the Sporthotel (Ellmau east). Take the pedestrian underpass to the Wilder Kaiser Golf Course. The Wochenbrunnweg runs directly through the golf course and along the Hausbach Stream, passing some farmhouses before reaching the forest. After about 1 ½ hours you will reach your first destination, the Wochenbrunner Alm and its panoramic sun terrace. Lying at 1,085 metres, this guesthouse with its wild park housing deer and mountain goats, is particularly popular with families. Children can get really close to these otherwise shy animals, while their parents enjoy the beautiful views. The tour continues via the Ellmauer Steinkreis, a circle of stones said to be a natural energy field in the Wilder Kaiser. Continue over hill and dale, through a pine forest and after about an hour, you will reach the traditional Riedlhütte. Return to Ellmau on a forest path via Haflingertränke, the Lamahof Koglerbauer and Biedring.



ELFERWEG

Picturesque panoramic path running from the Hartkaiser via traditional alpine meadows to the Astberg.



- Medium**
- 20 km
- 1,300 metres
- 850 metres
- 1,580 metres
- 8 hours 30 mins
- Hiking info board/Ellmau village centre
- Public parking behind the Hotel Alte Post, Ellmau

Inns along the way:

Jausenstation Hochschwendt
Faistenbichl 52, 6352 Ellmau
T: +43 (0) 5358 2932

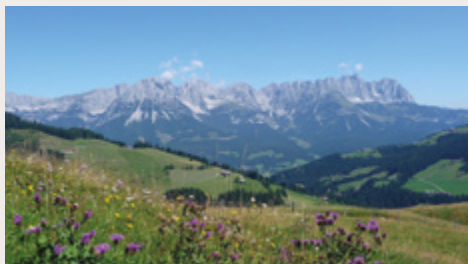
Panoramarestaurant Bergkaiser
Weilbachgraben 5a, 6352 Ellmau
T: +43 (0) 5358 2320 232
www.skiellmau.at

Treichlhof
Hausberg 5, 6352 Ellmau
T: +43 (0) 5358 3101
www.treichlhof-ellmau.at

Brenner Alm
Hausberg 8, 6352 Ellmau
T: +43 (0) 5358 44022
www.brenneralm.at

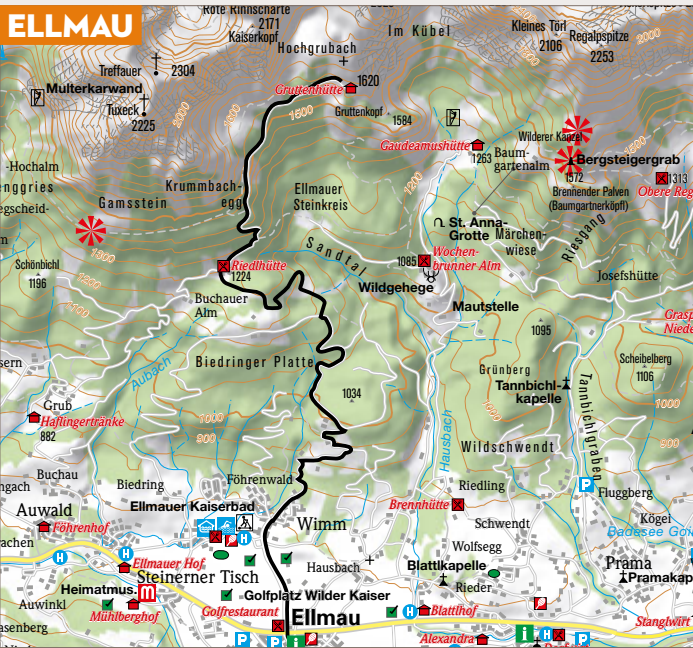
Start at the centre of Ellmau and hike to the Faistenbichl (hiking route No. 1) to Jausenstation Hochschwendt (snack station), and steeply uphill to the Hartkaiser (around 2 ½ hours). Now take panorama path No. 6. You will come to Tanzbodenteich and then to a junction. Follow the Elferweg trail (No. 11) passing Eibergalm and hike up in unspoilt natural surroundings, downhill through pastures, woodland and along river courses. Small mountain huts dot the route, which proceeds via the Kaiserblickweg to the Höhenangeralm. Pass farmsteads now and head back to Ellmau, or continue to the local mountain where you can enjoy some refreshments in Brenner Alm or in the Treichlhof.

Tip: Take food with you – the huts on the Elferweg trail are not open for business.



GRUTTENHÜTTENWEG

A scenic hike to the highest hut in the Wilder Kaiser.



- Difficult**
- 8.4 km
- 890 metres
- 77 metres
- 1,620 metres
- 3 hours 30 mins
- Hiking info board/Ellmau village centre
- Public parking behind the Hotel Alte Post, Ellmau

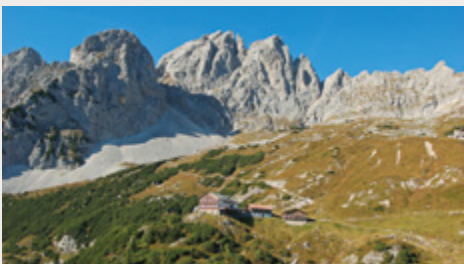
Inns along the way:

Riedlhütte
Kaisern 10, 6352 Ellmau
T: +43 (0) 664 2770697
www.riedlhuette.at

Gruttenhütte
Kaisern 12, 6352 Ellmau
T: +43 (0) 5358 2242
www.gruttenhuette.at

Wochenbrunner Alm
Wochenbrunnweg 44, 6352 Ellmau
T: +43 (0) 5358 2180
www.wochenbrunn.at

This challenging mountain hike starts by taking the underpass by the Golf Course Club House and heading to Wimm on the sunny side of Ellmau. Join hiking route number 23 which goes through the woods and over the Weiler Riesen to the Biedringer Platte. Here you will be rewarded with a unique panoramic view of the Kitzbühel Alps. Continue over the Biedringeralm to the Riedlhütte. This route is also called the Moosbeer Path and, if you are lucky, you may find some blueberries along the way. Continue on the steep Gruttenweg 14a. This leads you to the hut. Here you are really close to the Wilder Kaiser. **Tip:** About an hour in on the return leg you will reach the Ellmauer Steinkreis or Ellmau's Stone Circle. From here it is a pleasant hike via the Wochenbrunner Alm back to Ellmau.





HARTKAISERWEG

From the “Bergdoktor” house to the Rübezahl-Alm and along the Schnitzfigurenweg to Ellmi’s Zauberwelt.



Medium

For families

7.6 km

759 metres

48 metres

1,514 metres

3 hours

Ellmau village centre

Public parking behind the Hotel Alte Post, Ellmau

Inns along the way:

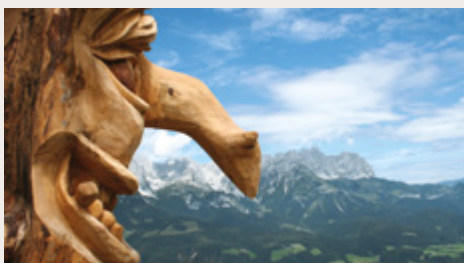
Rübezahl-Alm
Faistenbichl 42, 6352 Ellmau
T: +43 (0) 5358 2646
www.ruebezahlm.at

Jägerhütte
Faistenbichl 47, 6352 Ellmau
T: +43 (0) 664 4388946
www.jaegerhuette.at

Panoramarestaurant Bergkaiser
Weißbachgraben 5a, 6352 Ellmau
T: +43 (0) 5358 2320 232
www.skiellmau.at

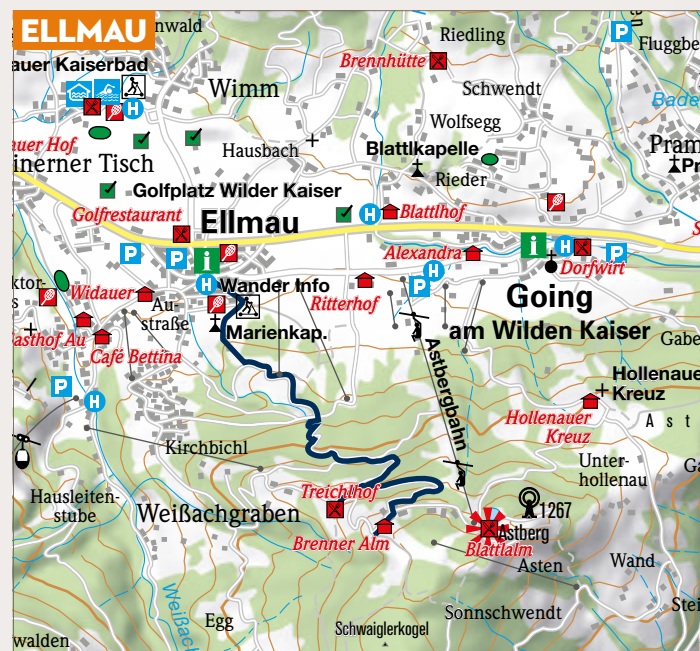
Jausenstation Hochschwendt
Faistenbichl 52, 6352 Ellmau
T: +43 (0) 5358 2932

Ranhartalm
Weißbachgraben 36, 6352 Ellmau
T: +43 (0) 5358 3064



HAUSBERGWEG

Wander along route number 8 via the Marienkapelle to the Hausberg.



Easy

For families

3.5 km

461 metres

48 metres

1,224 metres

1 hour 45 mins

Hiking info board / Ellmau village centre

Public parking behind the Hotel Alte Post, Ellmau

Inns along the way:

Treichlhof
Hausberg 5, 6352 Ellmau
T: +43 (0) 5358 3101
www.treichlhof-ellmau.at

Brenner Alm
Hausberg 8, 6352 Ellmau
T: +43 (0) 5358 44022
www.brenneralm.at



TAUERNBLICK PANORAMARUNDWEG

A circular mountain hike to special places in the Wilder Kaiser. See the spectacular Schleier Waterfall and enjoy fantastic views from the Gaudeamushütte.



Medium

For families

13 km

815 metres

1,287 metres

4 hours

Going bathing lake

Going bathing lake

This impressive hike along a sunny path at the foot of the Wilder Kaiser starts at the parking area of the bathing lake. Follow the Aschauerweg to the Chapel Aschauerkapelle and continue along the forest path until reaching the crossroads “hiking trail-waterfall-Graspunkt”. Cross meadows and pass through the woods for about 20 minutes until you once again reach a forest path. A narrow climb – requiring sure-footedness – leads from here to a climbers paradise – the Schleier Waterfall. Under the overhanging rock face and the waterfall, the 822 route markings continue to Stiegenbachfall. The narrow footpath passes the Josefshütte and continues to gradually climb up to the Gaudeamushütte (1,263 metres). This traditional mountain hut is well-known for its Kaiserschmarren – a local speciality – as well as for its panoramic views. On the return, take route number 813 towards Märchenwiese, then follow the Tannbichl Stream to a lovely mounaineers chapel – the Tannbichkapelle. Continue on the path to the Stanglwirt and to the Pension Schipflinger, where you want to head towards the bathing lake.



Gaudeamushütte



Schleier Waterfall

Special features along the way:

A The Schleier Waterfall is unique. A bubbling mountain stream falls like a veil from a 60 metre high rock face.

B This moderately difficult hike carries the Tyrolean Hiking Path Seal of Quality.

Inns along the way:

Gaudeamushütte
Am Kaiser 190, 6353 Going
T: +43 (0) 5358 2262



ASTBERG-RUNDWEG

Lovely slightly elevated hike taking in the Kaiser's mirror.



Easy

- For families
- 4.2 km
- 195 metres
- 1,267 metres
- 1 hour 30 mins
- Blattlalm
- Parking area Astbergbahn valley station

Inns along the way:

Blattlalm am Astberg
Astberg, 6353 Going
T: +43 (0) 5358 2401
www.blattlalm.at

Brenner Alm
Hausberg 8, 6352 Ellmau
T: +43 (0) 5358 44022
www.brenneralm.at



HOLLENAUER KREUZ RUNDWEG

Front row seats for the Wilder Kaiser!



Easy

- For families
- 6.1 km
- 354 metres
- 1,023 metres
- 2 hours 30 mins
- Info Office Going
- Riederhaus Going, fire station parking area in Going

Inns along the way:

Jausenstation Hollenauer Kreuz
Astbergweg 51, 6353 Going
T: +43 (0) 5358 71097



NATURA TRAIL

Well-being, experiences & enjoyment in the midst of a nature conservation and moor area!



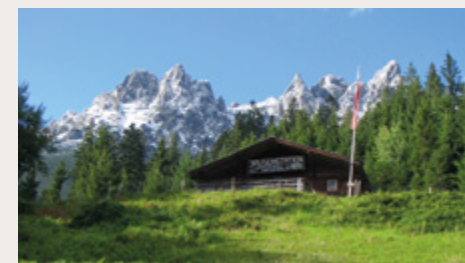
Medium

- 7.6 km
- 400 metres
- 1,040 metres
- 3 hours
- Chapel Aschingerkapelle, parking area Moor & more
- Parking area Moor & more

Inns along the way:

Graspoint Niederalm
Hüttling, 6353 Going
T: +43 (0) 664 88690750

Gasthof Römerhof
Römerhofweg 74, 6380 St. Johann
T: +43 (0) 5352 63516



SCHLEIERWASSER-FALL-RUNDE

Mountain tour to an extreme climbers' training rock face and to Graspoint Niederalm.

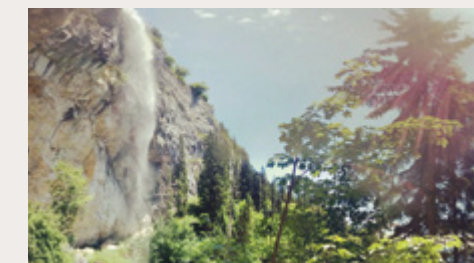


Medium

- 11.9 km
- 661 metres
- 1,292 metres
- 5 hours
- Info Office Going
- Riederhaus Going, fire station parking area in Going

Inns along the way:

Graspoint Niederalm
Hüttling, 6353 Going
T: +43 (0) 664 88690750





FROM LAKE HINTERSTEINER SEE TO THE WALLERALM

Picturesque alpine hike leading from the turquoise blue water of the loveliest mountain lake in Tyrol up to a rustic Almdorf. Enjoy home-made cheese, beer and freshly-made farmers bread.



- Easy**
- For families
- 18 km
- 1,017 metres
- 1,168 metres
- 7 hours 30 mins
- Scheffau village centre or Lake Hintersteiner See
- Scheffau community building or Lake Hintersteiner See

Special features along the way:

- A** The crystal-clear waters of Lake Hintersteiner See impressively mirror the peaks of the Wilder Kaiser.
- B** There is a small bathing area on the eastern shore of the lake. The natural beauty is not to be missed.

Inns along the way:

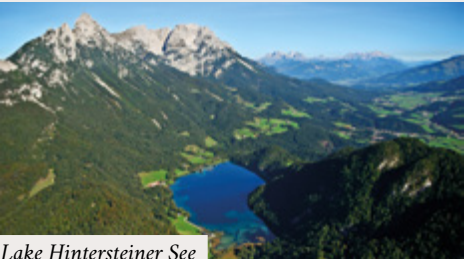
Lake Hintersteiner See
There are a number of lovely refreshment stops by the lake.

Walleralm
Hinterstein 91, 6351 Scheffau
T: +43 (0) 664 9858139

Café Rosemarie
Seebach 15, 6351 Scheffau
T: +43 (0) 5358 8227



Scheffau am Wilden Kaiser



Lake Hintersteiner See



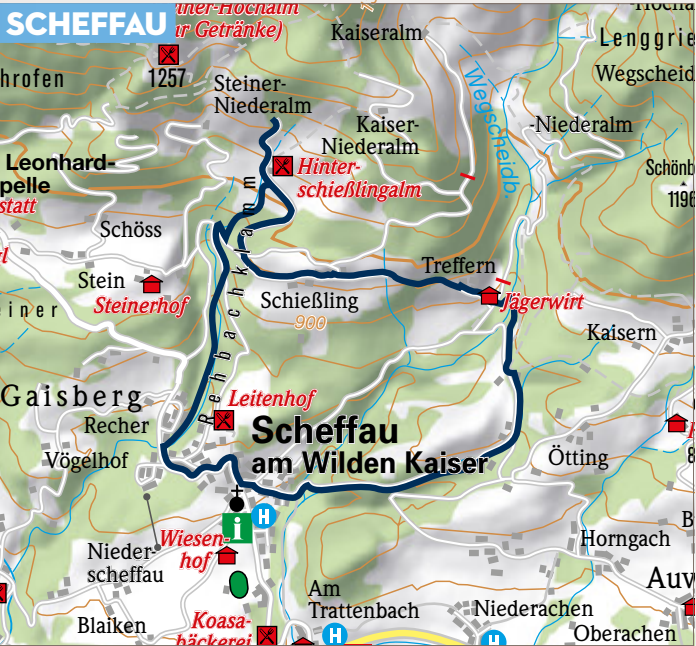
Walleralm

Refuel all of your senses on this hiking tour. Refresh yourself in a crystal-clear lake, in a mountain hut and on an Alm or alpine meadow. Marvel at the alpine flowers and cast your eyes over this natural paradise. Leave Scheffau village centre, take the road leading to Lake Hintersteiner See and bear right at the first fork, direction Chalet Hotel Leitenhof. Forest route number 41 meets the road here. Go left on to the AV822, and after a few metres take the forest path to the right. Follow this to an asphalt road which leads via the Steiner farmhouse and Beinstingl to Gasthof Bärnstatt, with its chapel of St. Leonhard. Continue on to Lake Hintersteiner See and, on reaching the Seestüberl, go left over the parking area and on the Seeweg, through the forest to the south side. After reaching the Jausenstation Maier, head for the Walleralm. A Walleralm mountain hut, make for a perfect refreshment stop. Return to the Seestüberl via the narrow Waldsteig (number 45a). Follow the road direction Bärnstatt for a short distance, before going right on the Seebachgraben which leads to the Café Rosemarie and on to the village.



REHBACHKLAMM

A new themed hike along wild water on a nature adventure path.



- Easy**
- For families
- 6.9 km
- 378 metres
- 1,021 metres
- 2 hours 30 mins
- Village centre Scheffau
- Scheffau community building

Embark on an adventure-filled hike in a woodland biotope. From the village square near the church follow the road for Lake Hintersteiner See up to a big bridge. Bear right here heading for the wild and romantic Rehbachklamm gorge, at the end of which you will come to route no. 45, follow this to the main road. Turn briefly to the right here and the Rehbachklamm gorge adventure begins. The narrow path, partly secured with handrails, proceeds through the recently redesigned, picturesque Rehbachklamm gorge area, heading for special places. Crossing bridges, passing waterfalls and an old, lit up mining cave, Hinterschießlingalm – which is open – awaits at the end of the gorge. Back into the valley, passing Mittersbach farm along the Treffauerbach.



Inns along the way:

Hinterschießlingalm
Gaisberg 33, 6351 Scheffau
T: +43 (0) 664 596 1302



KNEIPPRUNDE

Energy path with seven adventure stations offering refreshment and relaxation.



- Easy**
- For families
- 2.3 km
- 92 metres
- 809 metres
- 1 hour
- Village centre Scheffau
- Scheffau community building

Follow the traditions of Kneipp philosophy. The energy-giving Kneipp circuit is next to the village and runs along the Treffauer Stream. Follow the road uphill from the village centre until reaching the 5 Säulen or “5 pillars”. The first station is located below in the forest. This is a barefoot trail with various surfaces ranging from mulch and pebbles to swamp mud. Continue to the outdoor Inhalatorium, where saltwater trickles down giant fir trees to clear the airways. Train on the Venentreppe – “Vein Steps” – meditate in a clearing and find the answers in the Adlerlabyrinth – “Eagles’ Maze”. Towards the end, the path climbs slightly before arriving back in the village where it ends with a treading and arm bath by the church.



Inns along the way:

The traditional Tyrolean guest houses in Scheffau centre are ideal for refreshments.



14 FROM A WATER-FALL TO THE KAISER HOCHALM

Hike on alpine meadows and be showered by Kaiser water!



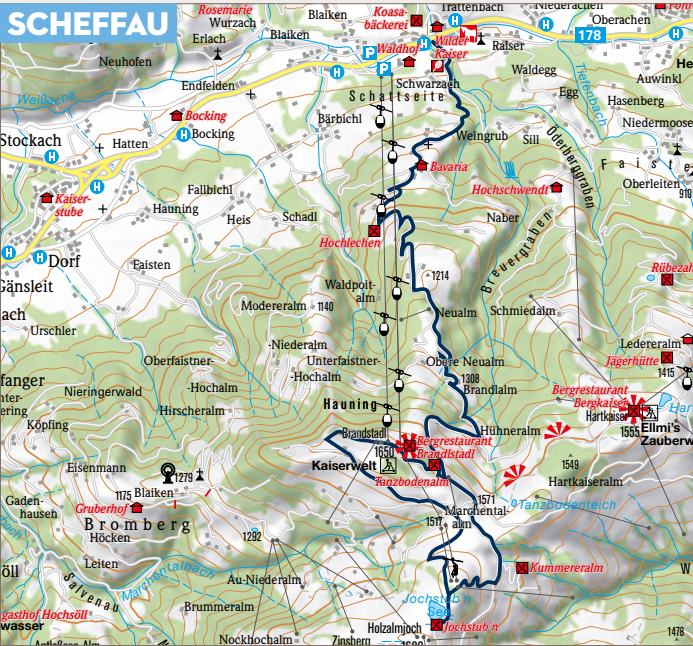
- Medium**
- For families
- 11.2 km
- 1,000 metres
- 1,603 metres
- 5 hours
- Scheffau village centre or the Jägerwirt
- Scheffau community building or the Jägerwirt

Inns along the way:
Gasthof Pension Jägerwirt
Wegscheid 8, 6351 Scheffau
T: +43 (0) 5358 86700
www.jaegerwirt.cc



15 BRANDSTADL-RUNDE

A mountain adventure hike on the Brandstadl and to Jochstub'n See.



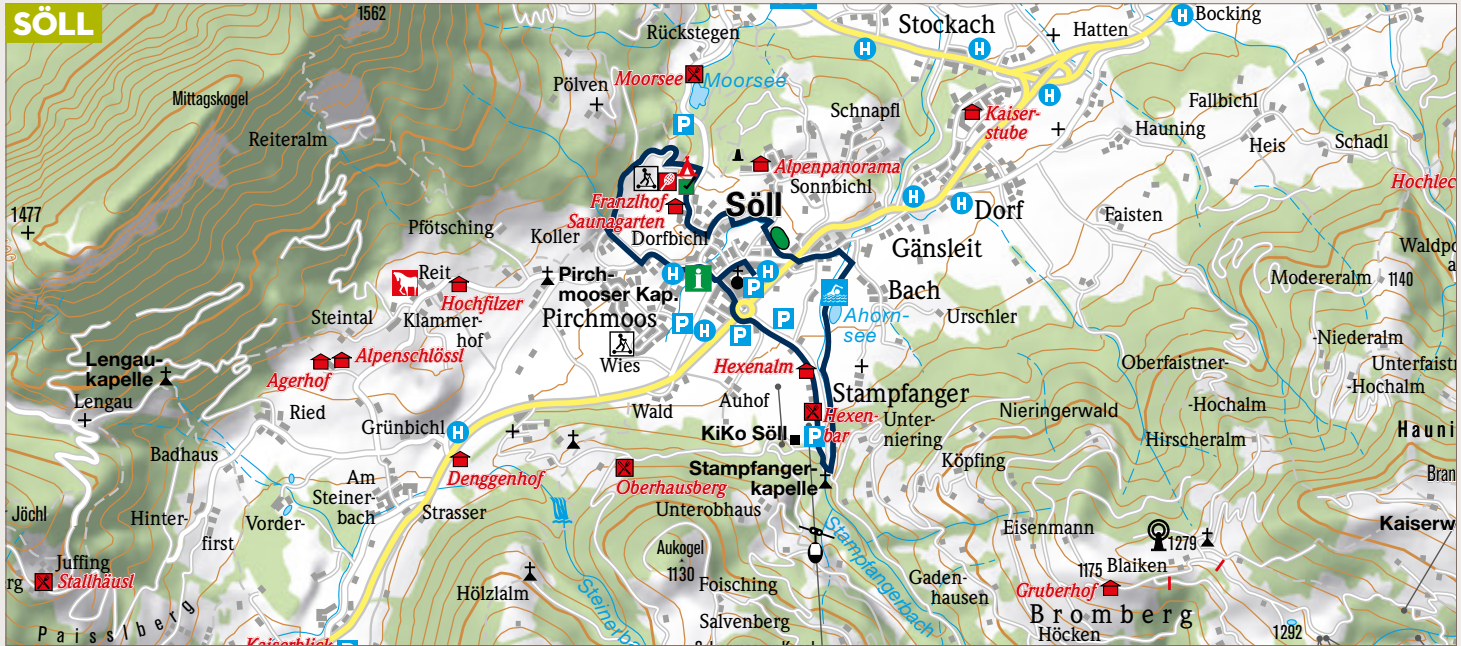
- Easy**
- For families
- 13.4 km
- 1,267 metres
- 311 metres
- 1,656 m
- 5 hours
- Scheffau valley lift station
- Scheffau valley lift station

Inns along the way:
There are a number of guest houses, inns and mountain huts on this route.



16 SÖLLER GOLDRUNDE

A tour around Europe's "loveliest village in bloom", on Söll's golden trail! The Sunnseitweg passes century-old farmhouses and leads from a premium Schnapps distillery to the Felsen chapel.



- Easy**
- For families
- 7.6 km
- 349 metres
- 860 metres
- 2 hours 30 mins
- Söll village centre
- Public parking behind the Söll community building

- Special features along the way:**
- A Display boards and information along the path.
 - B Schnapps distillery Koller with Schnapps and liqueur tasting.
 - C Mini-golf at the Franzlhof.

Inns along the way:
Freizeitanlage Franzlhof
Dorfbühl 34, 6306 Söll
T: +43 (0) 5333 5117
www.franzlhof.com
Restaurant Feichter's Stüberl
Dorfbühl 20, 6306 Söll
T: +43 (0) 5333 5228
www.hotelfeichter.com
Ahornseiosk
Stampfanger 5a, 6306 Söll
T: +43 (0) 664 4049802



Söll – Europe's loveliest village in bloom



Lake Ahornsee Söll



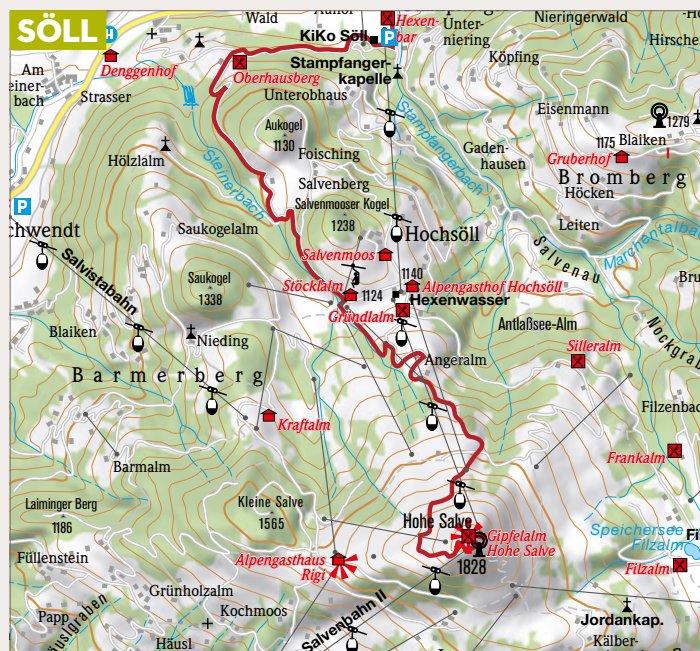
Söll's primary school

The Söll Gold Trail is based on the award received for the most beautiful flower village in Europe in 2013. Get to know some of the loveliest views in the town. Starting from the centre of the village pass the bandstand and head to Pirchmoos. At Hotel Greil bear right to Schaubrennerei Koller (show distillery) at the 500 year old Oberkollerhof. To the front of the farm take a right and head on the Sunnseitweg trail to Franzlhof. Take a right at Hotel Feichter, take a left there and follow the road for a short time, then turn left before a small bridge and proceed on the Hausbachlweg trail. At the school, bear right at the football field then left between Salvenarena and the high school to the snack area at the fire station. Take the route to Gänslleit now and continue, across the bridge to right, up past Lake Ahornsee, to the valley station for the gondola. A detour to Stampfanger chapel is worthwhile before taking a stroll via Liftstraße back to the loveliest flower village in Europe.



HOHE SALVE

Hike on one of the loveliest viewing mountains in Tirol.



Medium

- 7.5 km
- 1300 metres
- 1,829 metres
- 4 hours
- Gondola station, Söll
- Gondola station, Söll

Inns along the way:

Oberhausberg
Wald 266, 6306 Söll
T: +43 (0) 5333 5395
www.oberhausberg.at

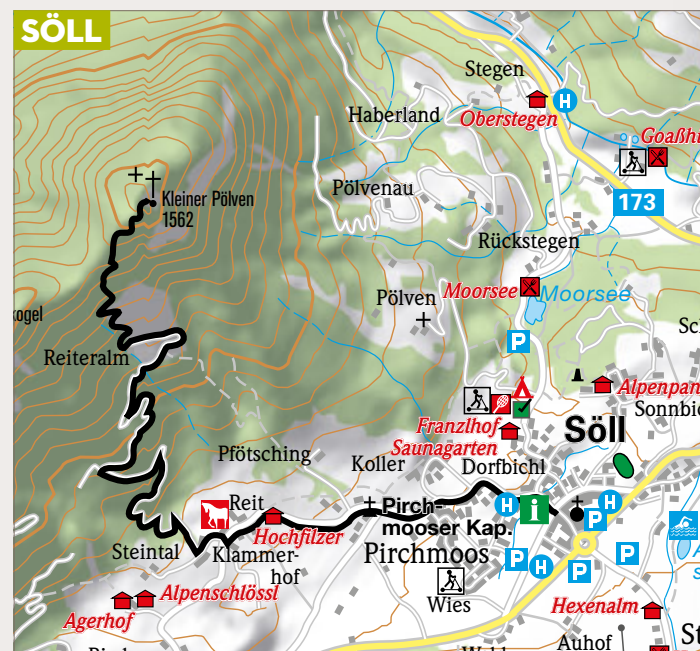
Stöcklalm
Salvenberg 24, 6306 Söll
T: +43 (0) 5333 5127
www.stoecklalm.com

Gipfelalm Hohe Salve
Salvenberg 59, 6363 Westendorf
T: +43 (0) 5335 2216
www.hohe-salve.at



KLEINER PÖLVEN

An alpine hike reaching two summit crosses with sweeping views of two valleys.

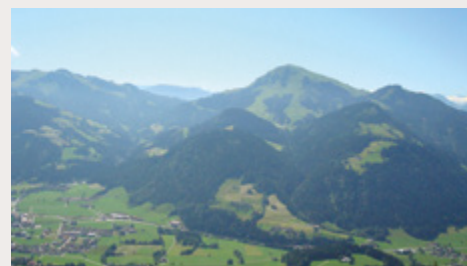


Difficult

- 5.9 km
- 859 metres
- 1,562 metres
- 3 hours
- Söll village centre
- Public parking behind the Söll community building

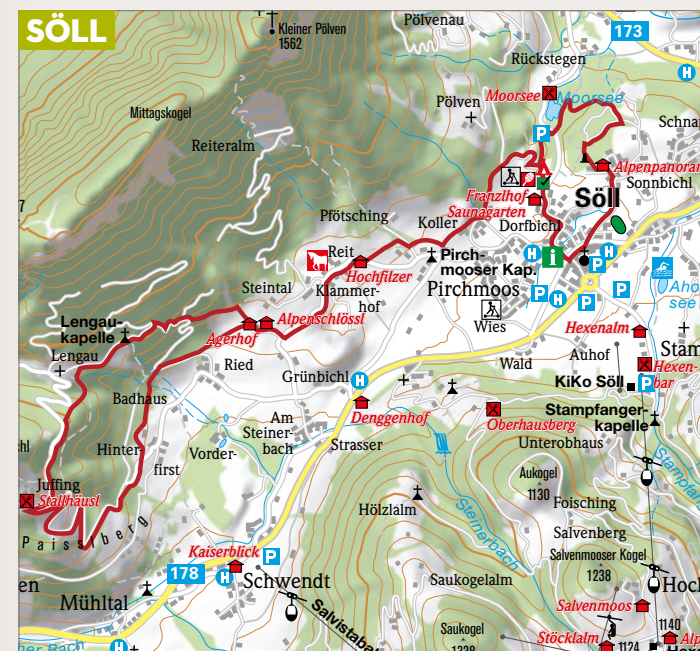
Inns along the way:

Genusstube Hochfilzer
Reit 1, 6306 Söll
T: +43 (0) 5333 5491
www.hochfilzer.info



SUNNSEITWEG

Tank up energy levels on Söll's Sensual Trails!



Medium

- 14.7 km
- 680 metres
- 989 metres
- 3 hours 30 mins
- Söll village centre
- Public parking, Söll community building

Inns along the way:

Genusstube Hochfilzer
Reit 1, 6306 Söll
T: +43 (0) 5333 5491
www.hochfilzer.info

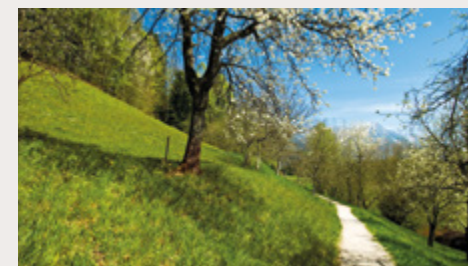
Freizeitanlage Franzhof
Dorfbichl 34, 6306 Söll
T: +43 (0) 5333 5117
www.franzhof.com

Cafe Konditorei Hotel Alpenpanorama
Sonnbichl 18, 6306 Söll
T: +43 (0) 5333 5309
www.hotelalpenpanorama.com

Gasthof Moorsee
Pölven 4, 6306 Söll
T: +43 (0) 5333 43069

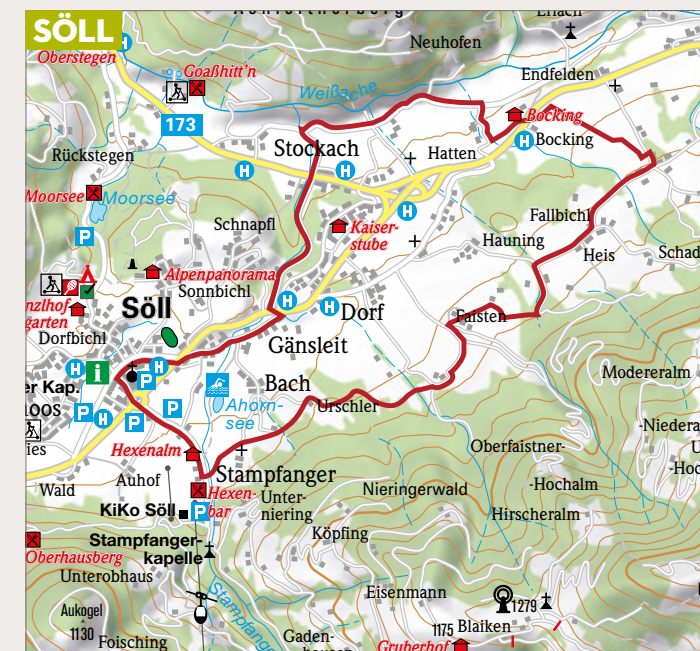
Agerhof
Reit 16, 6306 Söll
T: +43 (0) 5333 6400
www.agerhof.at

Stallhäusl
Paisslberg 10, 6306 Söll
T: +43 (0) 5332 76342
www.stallhaeusl.at



ENERGIE-SCHATT-SEITWEG

An informative walk to original highlights along Söll's Sensual Trail.



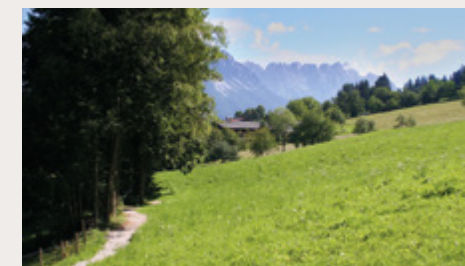
Medium

- For families
- 10.3 km
- 335 metres
- 817 metres
- 2 hours 30 mins
- Söll village centre
- Public parking behind the Söll community building

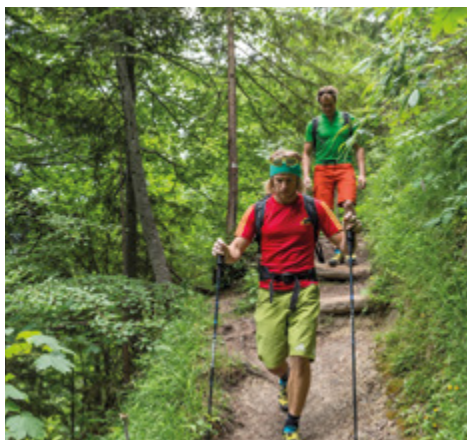
Inns along the way:

Gasthof Bocking
Bocking 10, 6306 Söll
T: +43 (0) 5333 5131
www.bocking.at

Hexenalm
Stampfanger 16, 6306 Söll
T: +43 (0) 5333 5544
www.hexenalm-soell.at



The Kaiserkrone or “Emperor’s Crown”. Wild and free – 5 days on the old paths around the Wilder Kaiser. Hike from hut to hut on one of the loveliest multi-day walking tours in Tirol. Experience the fascination of rocky peaks, cool forests and gentle alpine meadows with breathtaking views.



The Kaiserkrone – wild and free

The Kaiserkrone

The Wilder Kaiser fascinates with majestic charm. This mighty monolith, sitting on its throne above Sölllandl is sublime, yet inviting, rugged and gentle. The Kaiserkrone leads to the most beautiful places and panoramic peaks, offering superb views stretching from Lake Chiemsee to the Grossglockner.

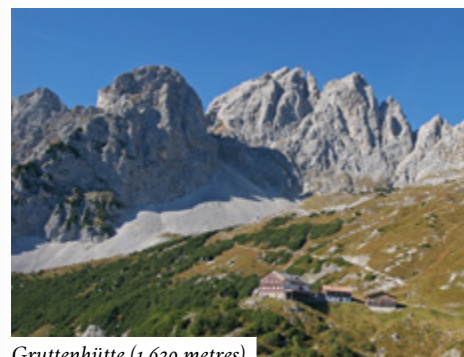
The hiking paths are accessible from all the villages which surround the Wilder Kaiser. This multi-day-hiking tour is generally possible from early June until mid-October. All five hikes can also be undertaken individually. The various points of access, the many huts and accommodation possibilities, as well as shorter alpine routes and climbs showcase the Kaiserkrone’s variety. The 3

days’ hut-to-hut hike runs from Badeseer Going (bathing lake) to Lake Hintersteiner See. The KaiserJet hiking bus – no costs – will take you back to your starting point. As a result, all the stages on the south side of the Wilder Kaiser can be hiked separately.

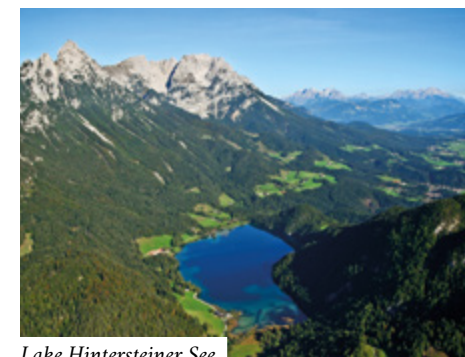
Special feature: The Kaiserkrone is medium difficulty. More experienced mountaineers will, however, be attracted by alternative, more difficult routes and climbs.



The **Multi day hikes Folder** features an overview with an altitude profile. It is free of charge and available from all Information Offices.



Gruttenhütte (1,620 metres)



Lake Hintersteiner See



Going Parish Church “zum Heiligen Kreuz”

3 days’ hut-to-hut hike

A 3 day hiking tour on the south side of the Wilder Kaiser wanders from hut to hut and is a shorter version of the Kaiserkrone 5 day circular tour. The route covers 33 kilometres and 2,600 metres of altitude uphill (2700 metres altitude downhill). It starts at the swimming lake Badeseer Going via Obere Regalm, Gruttenhütte and Steiner Hochalm up to Lake Hintersteiner See. From here it leads via Walleralm back to the valley to Scheffau. This tour is ideal for a long weekend. The stages are not too challenging and depending on snow, the huts are generally open from early June.

www.wilderkaiser.info/hut-to-hut

Eagles Trail Stages 1-3



The Adlerweg or Eagles Trail is the main hiking path in Tyrol. As its name suggests, it is symbolised by the wings of an eagle. The route runs for 280 kilometres across Tyrol and the first 3 of a total 126 stages pass through the Wilder Kaiser. Starting in St. Johann in Tyrol it passes via the Gaudeamushütte and the crystal clear Lake Hintersteiner See to the fortress town of Kufstein.

www.adlerweg.tirol.at

St. James Way Tyrol



A pilgrimage is a holiday for the mind, body and soul and is a way to find yourself. The history of the Jakobsweg – “Way of St. James” – is also an integral part of Tyrolean history. The trail leads through all four Kaiser villages and several inns along the way and specialises in looking after the needs of pilgrims.

www.jakobsweg-tirol.net

Tip:

Finish your mountain hut hike by scaling the Scheffauer (2,111 metres). You will be rewarded with sensational views which stretch from Lake Hintersteiner See to the Hohe Tauern Mountains and Stubai Alps.

www.wilderkaiser.info/hiking



The **Wilder Kaiser Hiking Map** (1:25,000) is available from the Information Offices in Ellmau, Going, Scheffau and Söll.

Hiking Programme Summer 2015. Guided hikes with qualified hiking and mountain guides



TUE Kaiser Hike with Peter

easy/medium

ELLMAU - Ellmau tourist information office; 05.05.-13.10.2015; 9.-15; Price with/without Guest Card: ✓/30,-



Peter knows a thousand tales and takes you to the most beautiful spots in the Wilder Kaiser. The walk varies each week and may head to Gruttenhütte or perhaps to the mountain huts on the Hartkaiser. For details, check out the event calendar at www.wilderkaiser.info/events or contact the tourist information office in Ellmau. A themed film walk, which visits original film locations, is arranged monthly.

Follow Söll's Sensual Trail or take a Hike in the Wilder Kaiser

medium

SÖLL - Söll tourist information office; 19.05.-29.09.2015; 9.-14.30; Price with/without Guest Card: ✓/30,-

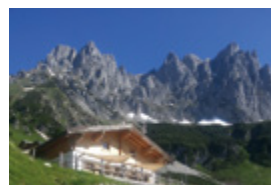


The Bike and Hike team based around Rudi take you out on tours of discovery! The tours take you on Söller Sinnesrunde or to the Wilder Kaiser. For this moderately difficult hike you need enough fitness to cover up to 4 hours of walking. Equipment: hiking shoes, sun and rain protection, plenty of liquids and a small snack.

WED Guided hiking tour - "Breakfast on the mountain"

medium

GOING - Going tourist information office; 27.05.-07.10.2015; 7:30-13:30; Price with/without GuestCard: 14,-/30,-



Fancy a real mountain adventure? When morning sun is drying the pasture meadows moist with dew, start with our hiking guide Rudi for a special hiking tour into the Wilder Kaiser. At the scenic Regalm a delicious breakfast buffet with some home-made delights waits for you. With views to the Kitzbühler Alps you get to enjoy a mountain stop-off twice as much, before making your way back, well-fuelled up.

Back to the Kaiser's roots (free of charge for guests of the Wilder Kaiser Hiking Specialists)

medium

ELLMAU - Info Office Ellmau; 20.05.-14.10.2015; 08:30-17; Price with/without GuestCard: 25,-/30,-

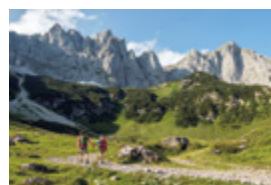


Going from a farm to a lush mountain pasture is a pleasant walk. If you don't think so, then just ask the cows of the Ellmau Auwald. This trail will then take you through lush herb meadows and past several pastures that lie at the foot of the Wilder Kaiser and eventually to the Walleralm. After a rest, you will head downhill to the Lake Hintersteiner See before taking the hiking bus back to Ellmau. Sure-footedness is required.

On the Wings of an Eagle

medium

SCHEFFAU - Scheffau tourist information office; 13.05.-07.10.2015; 09-15:30; Price with/without GuestCard: ✓/30,-



The Adlerweg - Eagles Trail - is the main and best-known hiking path in Tirol. Discover the unique Wilder Kaiser landscape and enjoy breath-taking views of Lake Hintersteiner See - a true jewel of nature. This hike for very fit walkers proceeds on parts of the Wilder-Kaiser trail and requires a bit of experience in tackling narrow trails. Hiking time of around 5 hours. Min. 3 people.

Going strengthens! - at „Blaikner Urkraftplatz“ (Elementary Power Place)

easy

GOING - Car park at Lake Badesee Going; 27.05.-16.09.2015; 19:30-22:30; Price with/without GuestCard: ✓/30,-



The Blaikner Urkraftplatz is a special place in the woods, which comes alive at dusk. Take a stroll with Cornelia and enjoy nature with all of your senses. Discover the power of the Wunschstein - wishing stone - and experience special moments of an ancient ritual. Be inspired about how you can be strengthened in so many ways.

THU Sunrise Hike

medium

ELLMAU - Wochenbrunner Alm, Ellmau; 14.05.-15.10.2015; 5-9; Price with/without GuestCard: 15,-/30,-



Our mountain hiking guide Christopher takes you into the superb hiking landscape of the Wilder Kaiser. Today, a „Sunrise Walk“ takes place from Wochenbrunner Alm to the Bergsteigergrab (mountaineers grave). The peace and tranquillity of the morning and the inspiring panorama provides a unique atmosphere. The light which brightens our mountains just before sunrise is something very special and makes this hike an unforgettable experience. Hike takes place on Tuesdays and Thursdays! Contact: Christopher Sojer, T: +43 (0) 650 2748654

Goinger Halt, a Kaiser Classic

difficult

ELLMAU - Ellmau tourist information office; 10.06.-09.09.2015; 8.30-17; Price with/without GuestCard: 70,-/80,-



Hintere Goinger Halt is a popular, yet difficult, mountain trail, which takes you to a summit of the Wilder Kaiser, from where you get to enjoy a superb view. From Wochenbrunner Alm proceed via Gaudeamushütte via two steep sections to Ellmauer Tor, and from there to the summit of Hintere Goinger Halt at 2,192 metres. Surefootedness, a head for heights and fitness for around 7 hours walking are required. Register by Tuesday, 17; Contact: Guido Unterwurzacher, T: +43 (0) 650 9208711

On the trail of the "Bergdoktor"

easy

SÖLL - Söll tourist information office; 21.05.-08.10.2015; 9-15; Price with/without GuestCard: ✓/30,-



Visit the home to the Bergdoktor - the Gruberhof. From the village centre head for the cable car valley station and on the picturesque Stampfanger chapel, which is set on a steep cark. Continue along the wildly romantic Stampfangerbach to Brombergstraße. Go past the Talern farmhouse and climb up to 1,200 metres, where you find the Köpfinghof - the real name of the place where the "Bergdoktor" series is filmed.

FRI Wild Water Hike (free of charge for guests of the Wilder Kaiser Hiking Specialists)

medium

GOING - Car park at Lake Badesee Going; 22.05.-16.10.2015; 9-16; Price with/without GuestCard: 25,-/30,-



The wild and untamed waterfalls of the Wilder Kaiser are always a hit. Starting from the swimming lake in Going, this hike takes you through the romantic Graspoint Niederalp all the way to the impressive Schleier- and Stiegenbachwaterfalls. Depending on your preference, Christopher will lead the group either through shady forest trails and the romantic Märchenwiese or, you can tackle the challenging mountain route that takes you to the Ackerlhütte hut and later to the mountaineers grave and the Gaudeamushütte before retreating back to the valley. Sure-footedness is required.

Kaiser Hike with Peter

easy/medium

ELLMAU - Ellmau tourist info office; 08.05.-26.06. and 04.09.-18.09.2015; 9-15; Price with/without GuestCard: ✓/30,-



Peter knows a thousand tales and takes you to the most beautiful spots in the Wilder Kaiser. The walk varies each week and may head to Gruttenhütte or perhaps to the mountain huts on the Hartkaiser. For details, check out the event calendar at www.wilderkaiser.info/events or contact the tourist information office in Ellmau. A themed film walk, which visits original film locations, is arranged monthly.

Pleasure hike

easy

SCHEFFAU - Scheffau tourist information office; 15.05.-09.10.2015; 10-15; Price with/without GuestCard: ✓/30,-



Go hiking and leave your cares behind you. Today's easy walk will head either to an alp, alpine meadow, or to Lake Hintersteiner See. Learn about the history of the region, as well as local flora and fauna. Depending on the weather you could also take a swim in the lake. Min. 3 people.

Register by midday the day before at wilderkaiser.info/wochenprogramm or in one of the tourist information offices:

ELLMAU +43 (0) 50509 410 • **GOING** +43 (0) 50509 510 • **SCHEFFAU** +43 50509 310 • **SÖLL** +43 (0) 50509 210

All information is subject to change. All prices are per person and in Euro. Free activities are marked with: ✓



Astbergsee in Going, the Kaiser's reflection – easy to get to via the Astbergbahn

Via ferrata routes and secured paths. The via ferrata routes to the summits and crossings on the Wilder Kaiser are the highlight of day-long mountain tours. In contrast, the new Klamml via ferrata route is a sports level via ferrata with short ascent and spectacular route selection.



The impressive, rugged prongs of the Wilder Kaiser mean that its summits are difficult to access. In the course of time many of them have been made accessible with the help of secured paths. These paths follow the easiest route to the summit and ensure that the dangerous sections are made safer. The Klamml via ferrata route opened

in 2014 beneath Gruttenhütte in contrast, is a wonderful, performance-oriented via ferrata route which is very visible from the hiking trail which runs parallel.

www.wilderkaiser.info/viaferrata

Via ferrata equipment

Indispensable for those using via ferrata routes:

- Rock climbing helmet
- Via ferrata set
- Climbing belt
- Mountaineering boots (sturdy soles)
- Via ferrata gloves are recommended for protecting your hands from getting injured by the steel cable and rocks.
- As with any mountain tour the relevant change of clothing, rain protection, sun protection, and drinks should be packed in your rucksack

Hire of via ferrata equipment:

ELLMAU

Schuh- & Sport Profi Günther
(1. mountain shoe test- and hire center)
Birkenweg 23
T: +43 (0) 5358 2548
info@schuh-sport.at
www.schuh-sport.at

Intersport Winkler (main store)
Dorf 11
T: +43 (0) 5358 2305
info@intersport-winkler.at
www.intersport-winkler.at

SCHEFFAU

Outdoor Hofer
Oberau 31
T: +43 (0) 664 1419028
hofer.roman@utanet.at
www.outdoorhofer.at

Tip:

The Eisenkrone is a 3-day tour in the Kaiser mountains for proficient via ferrata users 5 via ferrata routes and 6 summits in 3 days on the Wilder Kaiser.
www.wilderkaiser.info/the-eisenkrone

Klamml via ferrata Route

The via ferrata route comprises two sections – the lower section is difficulty level B/C, while the upper section is difficulty level C/D. There is an option to exit after the lower section. The dual rope bridge combines both sections. To negotiate the via ferrata, via ferrate gear incl. climbing helmet is required.

Starting point/Access:

Wochenbrunner Alm car park Ellmau, 1,085 m (toll road). Get to the via ferrata route from the car park via Gaudemushütte and Klammlweg (walking time around 55 minutes). Climbing though takes around one hour and when you reach the exit it's around five minutes to the Grutten Hut.

The descent from the Grutten Hut to the parking lot takes between 50 mins. and 1 hour 15 mins, depending on the route you select.

1 Untere (lower) Section Klettersteig Klamml difficulty level B/C

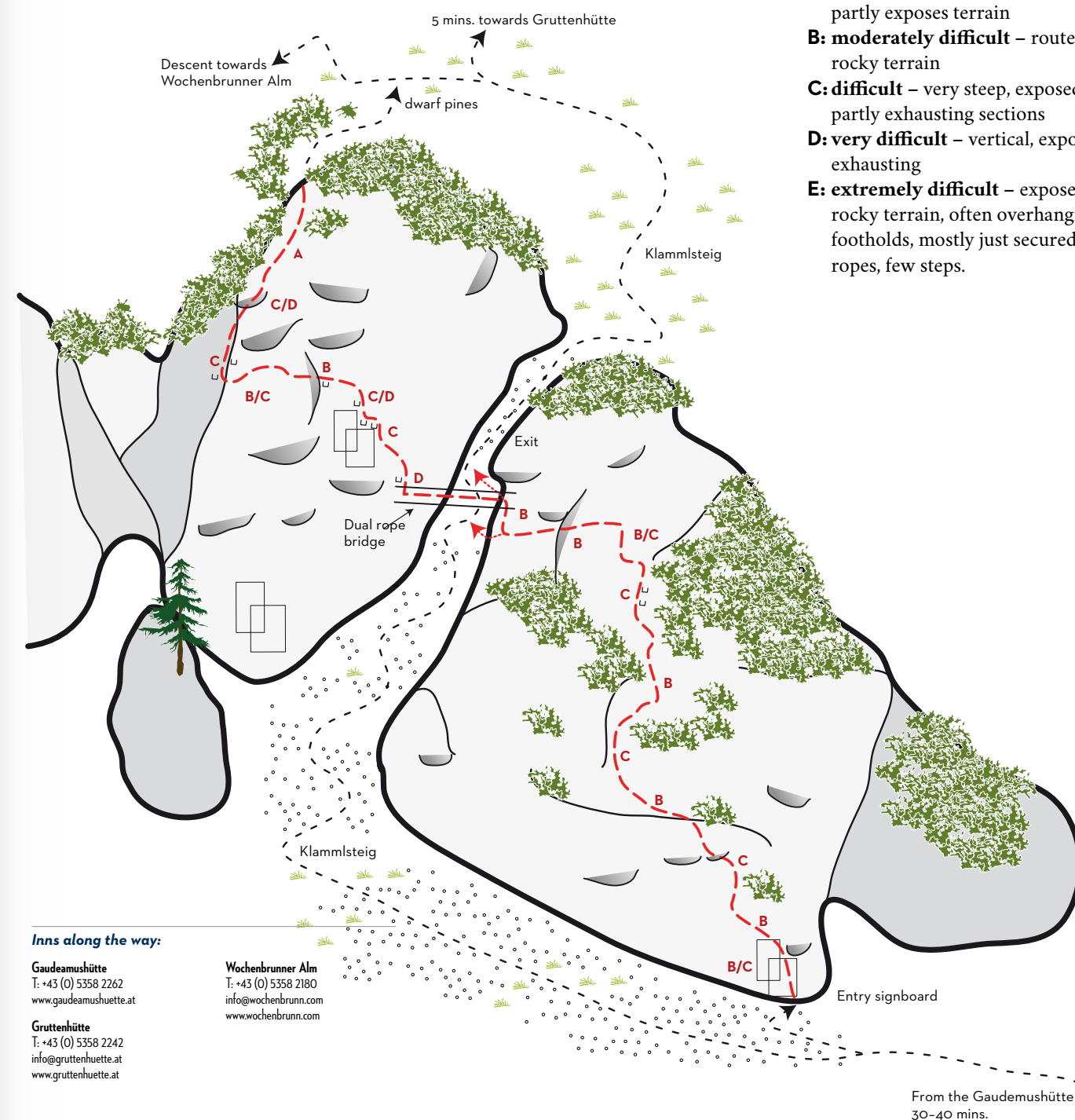
40 mins

100 m uphill

2 Obere (upper) Section Klettersteig Klamml difficulty level C/D

20 mins

80 m uphill



Inns along the way:

Gaudemushütte
T: +43 (0) 5358 2262
www.gaudemushuetten.at


Gruttenhütte
T: +43 (0) 5358 2242
info@gruttenhuetten.at
www.gruttenhuetten.at

Wochenbrunner Alm
T: +43 (0) 5358 2180
info@wochenbrunn.com
www.wochenbrunn.com



Via ferrata difficulty levels:

- A: easy** – easy, secured trails and paths, in partly exposes terrain
- B: moderately difficult** – routes in steep, rocky terrain
- C: difficult** – very steep, exposed terrain, partly exhausting sections
- D: very difficult** – vertical, exposed, exhausting
- E: extremely difficult** – exposed rocky terrain, often overhanging, few footholds, mostly just secured with ropes, few steps.





 **Secured paths and ,black' mountain routes can be the highlight of a mountain tour.** Any person who is out and about in the mountains is exposed to alpine dangers. Place your trust in the qualified and experienced mountain guides in Wilder Kaiser region.



Ellmau practice via ferrata route

The practice via ferrata route in the Wilder Kaiser in Ellmau is located above Gaudeamushütte. The via ferrata is difficulty level B/C, some 50 metres in length and is south-facing, set in a beech forest. Access to the path is around 20 minutes from Gaudeamushütte. Follow the signposts for Baumgartenköpfl, after 15 minutes of walking you come to a junction, bear left on the via ferrata route, always following the red signposts. With the access to the practice via ferrata at 1,380 metres you are setting out right at the start of the entrance overhang. When exiting the signposted exit area should be used. **ONLY** use the via ferrata route when you have via ferrata equipment (helmet, climbing belt, rope). This via ferrata offers good safeguarding for you to become accustomed to „via ferratas“.

Via ferrata - moderate difficulty - level B/C





-  10 mins – depending on the route
-  Full via ferrata equipment, helmet
-  Wochenbrunner Alm via Gaudeamushütte – ascent around 30 mins
-  Wochenbrunner Alm



Kaiserschützensteig

On the north side of Ellmauer Halt (2,344 m). The Kaiserschützensteig proceeds on the north side up to Ellmauer Halt. Starting point is Hans-Berger-Haus; another potential base point is Anton-Karg-Haus (Hinterbärenbad). Kaiserschützensteig is a via ferrata route of medium difficulty (B/C and a few sections at 1+) and requires perfect conditions. The descent leads to either Rote Rinnscharte on the marked path back to Hans-Berger-Haus again, or you can go via Gamsängersteig to Gruttenhütte and via Kopftörlscharte back to Hans-Berger-Haus.

Via ferrata - medium difficulty - level B/C and a few 1+ sections





-  3 hours
-  Full via ferrata equipment, helmet (safety rope for children).
-  Head up via Hans-Berger-Haus to the Schärflingerboden and Gamshalt/Ellmauer Halt
-  Kufstein, close to the Kaiser lift



Gamsängersteig

Heading south up to Ellmauer Halt (2,344 m). The Gamsängersteig leads to the highest summit in Wilder Kaiser region, Ellmauer Halt (2,344 metres). Starting point is Wochenbrunner Alm. From there you set out through Gaudeamushütte to Gruttenhütte (approx. 1 ½ hours hiking time), continue via a well-marked route in a large Schuttkar under the Ellmauer Halt and here you will find the start of Gamsängersteig, which is a moderately difficult via ferrata in B/C area. The overall physical requirement for the Ellmau Halt should not be underestimated. Approximately 1,250 metres of elevation gain from the parking area at Wochenbrunner Alm and need to be coped with. The descent is the same as the ascent to Gruttenhütte. From Gruttenhütte you can select the descent via Jubiläumssteig (secured via ferrata in A/B area) (takes 45 minutes longer) and from Gaudeamushütte go back towards Wochenbrunner Alm.

Difficult mountain trail, some sections are secured with cables





-  2 hours 30 mins
-  Full via ferrata equipment, helmet (safety rope for children).
-  Wochenbrunner Alm via Gruttenhütte – ascent around 1 hour from the alpine lodge to the loose gravel slope area, then entrance to the right
-  Wochenbrunner Alm



Jubiläumssteig

The Jubiläumssteig proceeds from Gruttenhütte through interesting rocky landscapes to the Kübelkar (and the other way round). This scenic and very beautiful high path has everything that makes a hike in the Wilder Kaiser special: idyllic rocky settings, wonderful viewing points and traditional alpine huts. The Jubiläumssteig is an ideal start for beginners to fixed cable routes as it is not too difficult and is well secured.

Difficult mountain trail, in part cable secured





-  1 hour
-  Surefootedness required! Via ferrata set recommended (safety cable for children)
-  Wochenbrunner Alm via Gaudeamushütte – ascent around 1 hour
-  Wochenbrunner Alm



Widauersteig

Facing to the north of Scheffauer (2,111 m). The Widauersteig proceeds on the north side up to Scheffauer summit (2,111 m). Starting point is Kaindlhütte at a height of 1,293 m. You can reach Widauersteig in various ways: For example from Scheffau via Walleralm or even from Kufstein via Brennenjoch and Steinberghütte. The Widauersteig is a difficult mountain trail (one section is 1-). This path is also suitable for physically fit children, with a safety ropes. As part of the equipment, complete via ferrata equipment along with helmet must be brought along. The descent is mostly the same as the ascent but you can also descend on the south side via route number 814 (as shown on Wilder Kaiser hiking map – 1:25.000) to Steiner Hochalm, continuing to Lake Hintersteiner See or to Scheffau down in the valley.

Difficult mountain trail, in part cable secured

-  1 hour 15 mins
-  Full via ferrata equipment, helmet (safety cable for children).
-  Ascent via Kaindlhütte
-  Kufstein, near the Kaiserlift; Scheffau, Lake Hintersteiner See, Maier snack station

All the mountain guides for the Wilder Kaiser region at a glance

Summit and climbing tours, via ferrata routes along with Alpine routes (black) are offered by trained mountain guides, for instance a summit tour to Ellmauer Halt, crossing through the Kaiser or the Klamml via ferrata.

www.wilderkaiser.info/mountain-guides



Club Vertikal – Dieter Antoni
Austrasse 17, 6352 Ellmau
T: +43 (0) 664 5003437
dieter@clubvertikal.at
www.clubvertikal.at



Bergsportschule Kaisergebirge – Josef Franz
Höhenleitenweg 37, 6353 Going
T+F: +43 (0) 5358 2750
bergsportschule.kaisergebirge@aon.at
www.franzgoing.at



Alpin Partner Tirol – Wastl Fürstaller
Wimm 25, 6352 Ellmau
T: +43 (0) 5358 2088
info@alpinpartner-tirol.at
www.alpinpartner-tirol.at



Herbert Haselsberger
T: +43 (0) 664 4336682
h.haselsberger@kufnet.at



Bergführer Andreas Keil
Kaiserweg 83, 6353 Going
T: +43 (0) 664 1321171
andreas-keil@gmx.at



Club Vertikal – Hubert Praschberger
Biedring 17, 6352 Ellmau
T: +43 (0) 676 6132066
info@clubvertikal.at
www.clubvertikal.at



Andy Schöner
Mühlberg 1a, 6352 Ellmau
T: +43 (0) 664 4541216
info@alpinistik.com
www.alpinistik.com



Guido Unterwurzacher
Pramaweg 52/1, 6353 Going
T: +43 (0) 650 9208711
guido@alpinschulerocknroll.at
www.alpinschulerocknroll.at



David Widauer
Achenweg 5/9b, 6353 Going
T: +43 (0) 664 5316215
widaar@hotmail.com

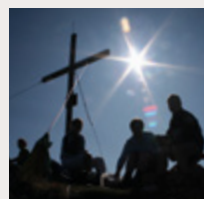
Summit hikes – Many of the summits in the Kaiser can only be tackled by experienced mountain climbers, or with a mountain guide.



As impressive as the Wilder Kaiser is, most of its summits are difficult to get to. Mountain-eers have been attracted by this mountain and its inaccessibility for centuries. Whereas the majority of visitors start at the valley and hike up to the mountain huts, or at least to the easily reachable summit Ellmauer Tor, you want to go further up. But anyone who wants to bag

a summit needs experience of alpine mountain trails and easy climbs or should leave the safety aspect to a mountain guide. The route is not easy, but anyone who ventures up to the uppermost crest of the Kaiser will be rewarded with spectacular route sections, endless views into the distance and above all, your own triumph.

1 SUMMIT HIKE SCHEFFAUER 2,111 m



- Difficult**
- 1,236 metres
- 2,111 m
- 6 hours
- Aspect: South to South-west
- Best time: End of May to End of October
- Scheffau, Car park above Gasthof Bärnstatt, 918 m (parking fee)

The Scheffauer at 2,111 m altitude is the last high elevation before the mountains proceed via the Zettenkaiser and Zettenkopf to the west. It sits impressively enthroned above the town of Scheffau and as one of the highest peak in the Kaiser provides a dreamy view across the Inntal, the Kitzbühler Alps and right into Bavaria.

Ascent: Start at the car park along the forest trail (barriers) keeping to the sign for „Steiner Hochalm“ and „Scheffauer“. After approx. half an hour we reach Steiner Hochalm at 1,257 m and from here head on a short path uphill, initially via open alpine terrain and later through the light deciduous forest, then finally via a large coarse gravel area to the „Scheffauer“ junction. From now on the terrain becomes more demanding and takes us through steep mountain pine fields and finally via steep rocky terrain up to the ridge (the key point „Wasserloch“ is secured with steel cable). Continue along the summit ridge via what is known as the „Kegelbahn“ (bowling alley) in a westerly direction, for around 10 minutes to get to the summit, which has a log book and a cross.

Descent: as the ascent.

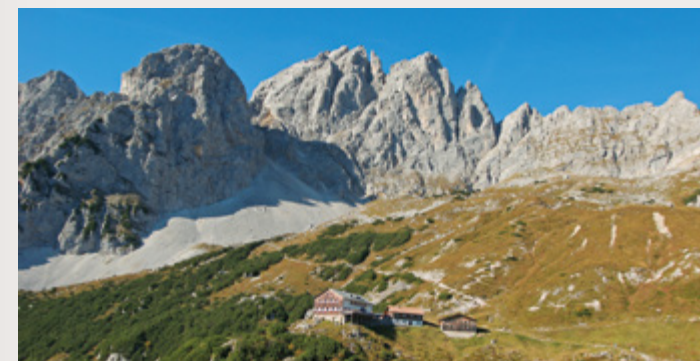
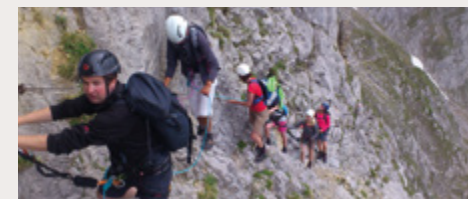
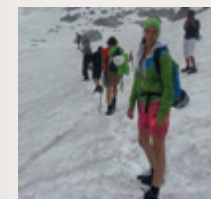
Variant: Descend via the north side of the Scheffauer to Kaindhütte, 1,318 metres. This route proceeds via Widauersteig, (for the most part secured with a steel cable) and required absolute surefootedness and a head for heights. Continue via Walleralm in a big arc around Scheffauer to Lake Hintereiseiner See and back to the car park. This extends the tour by some 3 hours!

Inns along the way:

Steiner Hochalm
Hinterstein 12, 6351 Scheffau
T: +43 (0) 664 1757986
(drinks only)

Gasthof Bärnstatt
Hinterstein 17, 6351 Scheffau
T: +43 (0) 5358 8113
www.baernstatt.at

2 ELLMAUER HALT 2,344 m VIA GAMSÄNGERSTEIG



- Difficult**
- 1,291 metres
- 2,344 m
- 6 hours 30 mins
- Aspect: South to West
- Best time for touring: End May to mid-October
- Ellmau, Wochenbrunner Alm, car park 1,085 m (parking fee)

Inns along the way:

Gruttenhütte
Kaisern 12, 6352 Ellmau
T: +43 (0) 5358 2242
info@gruttenhuetten.at
www.gruttenhuetten.at

Gaudeamushütte
Am Kaiser 190, 6353 Going
T: +43 (0) 5358 2262
gaudeamus@gaudeamushuetten.de
www.gaudeamushuetten.at

Wochenbrunner Alm
Wochenbrunnweg 44, 6352 Ellmau
T: +43 (0) 5358 2180
www.wochenbrunn.com

Challenging mountain tour to the highest summit in the Wilder Kaiser. The ascent via the „Gamsängersteig“ has a few easy climbing sections but is mostly secured by steel cable and pegs. Just before Babenstuber Hütte (bivouac box) there are two options; one via a short upright ladder, or very exposed along steel cables. Those who are not proficient should use via ferrata equipment.

Ascent: The normal route to the highest peak of the Kaiser mountains starts at the car park at Wochenbrunner Alm. Initially we follow the signs to Gruttenhütte (walking time around 1 ½ hours). Then up to Ellmauer Halt in the large coarse gravel area the „Hochgrubach“. On the following ascent via the Gamsängersteig falling rocks pose a great danger due to climbers who have gone on ahead. In the first section of the path we cross the rock ledges known as the „Gamsänger“, via the cliff faces of the Kopftörl ridge until we reach the Jägerwand-treppe just above the Rote Rinnscharte. An easy climbing section to a gully – here there is sometimes snow right into summer. Just beneath the summit there is emergency accommodation, the Babenstuber Hütte. All in all well-marked and with plenty of secured sections. (Ascent to the summit from Gruttenhütte in a good 2 ½ hours)

Descent: as for the ascent

Variant: From Gruttenhütte via the Klammlweg down to Gaudeamushütte, 1,263 m and back to Wochenbrunner Alm.

POWERWOOL
UNSER ROBUSTESTER MERINO-MIX



MERINO MOUNTAIN PANTS (M) SHORTS VINTAGE CARGO



Erfahre mehr über den Ursprung unserer Wolle auf ortovox.com

ORTOVOX

3 HINTERE GOINGER HALT, 2,192 m



- Difficult**
- 1,107 metres
- 2,192 m
- 5 hours 30 mins
- Aspect: South to West
- Best time: End of May to End of October
- Ellmau, Wochenbrunner Alm, car park 1,085 m (parking fee)

Hinterer Goinger Halt is a popular and accessible peak the Wilder Kaiser. At the summit there is a superb panoramic view across the big classic climbing walls in the Ellmauer Tor – Fleischbank, Christaturm, Totenkirchl, Predigtstuhl – all are within touching distance.

Ascent: Start at the car park Wochenbrunner Alm and follow the forest road to Gaudeamushütte. From here it is well-marked and signposted to the Ellmauer Tor at 2,006 m (up to here you cover 920 metres altitude). (Path numbers 813 and 812) The path up passes through dwarf pines and over scree fields towards the Vordere Karlspitze. Two steep sections are eased with fixed cables. After these it's on to the Ellmauer Tor. From here a marked route to the right leads in a north-easterly direction, half an hour later the peak of Goinger Halt is reached after an easy climb at 2,192 m.

Descent: as for the ascent

Variant: Initially along the ascent route back to Ellmauer Tor, then north via Eggersteig to Stripsenjochhaus. From there descend into Griesbachthal and continue by taxi or by bus back to Ellmau.

Inns along the way:

Gaudeamushütte
Am Kaiser 190, 6353 Going
T: +43 (0) 5358 2262
gaudeamus@dav-main-spessart.de
www.gaudeamushuette.at

Wochenbrunner Alm
Wochenbrunnweg 44, 6352 Ellmau
T: +43 (0) 5358 2180
www.wochenbrunn.com

4 MAUKSPITZE 2,231 m AND ACKERLSPITZE 2,329 m



- Difficult**
- 1,600 metres
- 2,329 m
- 5 hours ascent for both summits, total tour 8 hours
- Aspect: South to West
- Best time: End of May to End of October
- Going, Chapel Tannbichlkapelle, car park, 924 m

The Mauk- and Ackerlspitze are the most easterly, independent summits in the Kaiser mountains and are recommended for a circular tour which has superb panoramic views. Surefootedness and a real head for heights are indispensable on this very challenging tour which has climbing sections ranging between difficulty levels I and II and sparse secure areas. Only advisable when the rocks are dry.

Ascent: From the car park via the forest trail to Regalm/Ackerlhütte and from Regalm up to Ackerlhütte (1,455 m), continuing uphill to get to base of the cliffs. An easy climb starts here – difficulty level 1 – and we soon reach the Niedersessel (small sloped corrie, snow through to late summer). Key points – there is 20 m face to scale which is almost vertical, which is sparsely dotted with secured sections, but is pleasant and has a few footholds. After two difficult vertical points and two crossings which have lots of hairpin bends and a somewhat easier climbing section, you head higher up via a lofty ridge to the summit of the Ackerlspitze. After a rest on the summit head back to the saddle between the Ackerl- and Maukspitze, continuing via a mostly easy ridge (short exposed section) to the Maukspitze (around 1 hour from the Ackerlspitze). From the summit descend via the steep, craggy path to the Niedersessel (1 hour from the summit). Back via the steep uphill section and the same out back into the valley.

Variant: From Ackerlhütte to Schleier Wasserfall and via Graspoint Niederalp back to the starting point.

Inns along the way:

Obere Regalm
Pramaweg 30, 6353 Going
T: +43 (0) 5358 44204
harassen@goingnet.at
www.regalm.at
(Wed, Sat & Sun open 9.30 am–5 pm, closed in bad weather)

Graspoint Niederalp
Hütting, 6353 Going
T: +43 (0) 664 1309164
biene.h@hotmail.com
(Closed in bad weather)

Ackerlhütte
T: +43 (0) 664 6114626
lacknermich@gmail.com
(Sat & Sun open. Closed in bad weather, drinks only)

Weekly programme Outdoor sports Summer 2015

For sporting holidays in Wilder Kaiser region.



MON River Rafting with barbeque for the whole family

OUTDOOR

KIRCHDORF – Mountain High; 25.05.–07.09.2015; 09:30–14:30; Price: 53,- (Children: 39,-) incl. barbeque and soft drinks



The rafting trip along the Tiroler Ache from Kirchdorf to Kössen combines adventure with stunning views along this picturesque valley. The highlight of the rafting tour is passing through the canyon of the wild and romantic Klobenstein gorge. We enjoy a barbeque together on the pebble beach beneath the small pilgrimage church and then continue on to Schleching in Bavaria. This river rafting trip is a unique group adventure experience set in spectacular scenery. You will need: towel, shower stuff and swim wear; contact: Mountain High Adventure, T: +43 (0) 5352 62101; collection service available (€ 10,- per person) – 08.50 Söll Whiskey Mühle, 9.00 Scheffau Tourist Information office, 09.10 Ellmau bandstand

Tubing adventure for the whole family

OUTDOOR

KIRCHDORF – Mountain High; 25.05.–07.09.2015; 14:30–17:30; Price: 59,- (children: 49,-)



Tubing, also called wild water swimming, mixed with climbing, abseiling and cliff diving means pure adrenaline! We have rediscovered tubing for you and tackle the Grand Canyon of Tirol – the Klobenstein gorge. Tube riding is fun for all sporty waterbabies (aged 10 and over). A real kick for waterfans. You will need: towel, shower stuff and swim wear; Contact: Mountain High Adventure, T: +43 (0) 5352 62101

Tennis fun tournament

TENNIS

GOING – Biohotel Stanglwirt; year-round; 17–18; Price: 10,-



Tennis & Fun. Enjoy a fun tennis tournament with like-minded people in the Stanglwirt, which along with international tennis school Peter Burwash International (PBI) has been selected as the best tennis resort in Europe and is also ranked among the top 10 in the world. Shoes and rackets are available to hire. Contact: PBI, T: + 43 (0) 5358 2000 931

TUE Wilder Kaiser Crossing from North to South

OUTDOOR

ELLMAU – Ellmau tourist information office; 26.05.–08.09.2015; 07–17; Price: 89,-



Experience the inspiring and famous cliff faces where climbing history was made! Travel by taxi from Ellmau to Griesener Alm, where the hike commences towards the Stripsenjochhaus. Continue via the Steinerne Rinne on the steel cable secured path. Hike right up to Ellmauer Tor (2,006 m). The summit of Vordere Goinger Halt now beckons (2,242 m). The ascent is challenging but the climb is safe. After enjoying the breath-taking view to the Sölllandl carry on downhill to Wochenbrunner Alm and take the taxi back to Ellmau. Vertical Metres : 1,200; fit enough to last around 6 hours, as well as surefootedness and a head for heights are required. Contact: Alpenschule Schonner, T: +43 (0) 664 45 412 16

Adventure climbing for families

CLIMBING

ELLMAU – Ellmau tourist information office; 26.05.–08.09.2015; 09–14:30; Price: 55,- (including equipment)



We meet up with the mountain guide outside the tourist information office, where hire equipment is distributed. After that we head to Wochenbrunner Alm, the starting point for many climbing tours. First of all we hike about 30 minutes to the Gaudeamushütte and then a further 10 minutes to the climbing and practice crags. Belaying, climbing and abseiling become part of the adventure on the Wilder Kaiser. Ideal for children aged from 6 to 13 and also suitable for their parents. You will need: hiking shoes or trainers, drink bottle, light snack, rain protection, sun protection, sunglasses;

Contact: Club Vertikal, T: +43 (0) 676 613 20 66

WED *Canyoning for teenagers and adults*

OUTDOOR

SCHEFFAU – Scheffau tourist information office; 27.05.–09.09.2015; 09:30–15:30; Price with/without Guest Card: 79,-/84,-



Participants are collected from the tourist offices and taken to the starting point for abseil training. This is a necessary introduction to get used to the equipment (belt, rope, etc.). After your included lunch-time snack (sausage and cheese sandwich, drinks and a sweet treat) we head to the nearby gorges for some canyoning. Ideal for adults and teenagers aged 14 and over. Collection points - outside Going tourist information office 09.30, Ellmau 09.40, Söll 09.50, Scheffau 10.00. You will need: hiking or leisure clothing, swimwear and shoes which are okay to get wet.

Contact: Outdoor Hofer, T: +43 (0) 664 1419028.

Segway Tour

OUTDOOR

ELLMAU – Fire station car park; 13.05.–21.10.2015; 10–12:30; Price with/without Guest Card: 49,-/69,-



The self-balancing segway is one of the most innovative vehicles and it is still environmentally friendly! Our Segway Guide takes you to the loveliest places in our region. The tour starts at the car park near Ellmau fire station and proceeds via Auwinkl heading for Scheffau. Continue there to Café Rosemarie, where a little uphill challenge awaits you. There is the option of enjoying a short coffee break (Bikerranch or Jägerwirt) before we dash back again. Segway Kitz, T: +43 (0) 660 5832938

THU *Kaisercup – Golf tournament on the 27-hole Wilder Kaiser golf course*

GOLF

ELLMAU – Wilder Kaiser golf course; 14.05.–10.10.2015; 8–12 Uhr Price with/without Guest Card: 10,-



The „Kaiser“ as the backdrop, the length of the holes, the obstacles, the slopes and the natural relief of the landscape: perfect for golfers to find new challenges in hitting their way through success. Every Thursday we invite guests and members of GC Wilder Kaiser, subject to a verified handicap of –45, to the Kaisercup Tournament over 18 holes. Entries close the day before at midday. Telephone: +43 (0) 5358 4282

Via ferrata for beginners

OUTDOOR

ELLMAU – Ellmau tourist information office; 28.05.–10.09.2015; 08–14; Price: 65,- (incl. equipment: 83,-)



We meet up with the mountain guide outside the tourist information office, where hire equipment is distributed. From Wochenbrunner Alm there is a 45-minute hike to get to the practice via ferrata route, where we are given a brief introduction before having a go on it. The next via ferrata, called Klamml, we reach in about an hour. The difficulty of Klamml is about B,C. All participants who want to join a more difficult via ferrata have the possibility to get to know the second part of “Klamml” (difficulty D). After a rest at Gruttenhütte the decent to Wochenbrunner Alm brings an exciting via

ferrata experience to a close. An additional afternoon tour is possible, meet at 14.00 at Gaudeamushütte (around a 30 minute hike from Wochenbrunner Alm). Ideal for adults and teenagers. You will need: hiking shoes or trainers, drink bottle, light snack, rain protection and sun protection, sunglasses, possibly via ferrata or cycling gloves.

Contact: Club Vertikal, Telephone: +43 (0) 676 6132066

Canyoning for children

OUTDOOR

SCHEFFAU – Scheffau tourist information office; 28.05.–10.09.2015; 9–15; Price with/without Guest Card: 49,-/54,-



Our gorge guide collects all children, aged 6 and over who are keen climbers, from the tourist offices. First you will have some abseil training to get used to the equipment (harness, helmet, rope). We enjoy lunch together in the Jägerwirt, then fuelled up we take off to the canyoning adventure. Ideal for children aged between 6–12 years old. Collection from the tourist information offices in Going 09.00, Ellmau 09.10, Söll 09.20, Scheffau 09.30. You will need: hiking or leisure clothing, swimwear and shoes which are okay to get wet.

Contact: Outdoor Hofer, Telephone: +43 (0) 664 1419028.

Tennis tournament for guests

TENNIS

ELLMAU – Tennis court in Kapellenpark Ellmau; 21.05.–17.09.2015; 10 am; Price with/without Guest Card: 4,50/4,50



Tennis is a perfect way to train the whole body. Every Thursday like-minded people meet up at the Kapellenpark tennis courts and compete in a tennis match for the „Wilder Kaiser Cup“. Enjoy a fun match with a superb panoramic view of the Wilder Kaiser. Contact: Tennis instructor Lothar, Telephone: +43 (0) 5358 3188

Bogenschießen

OUTDOOR

SCHEFFAU – Scheffau tourist information office; 21.05.–08.10.2015; 13–16:30; Price with/without Guest Card: 17,-/27,-



Become enthralled by archery! This sport challenges mind and body and has a very long tradition. Our instructor will introduce you to the art of archery, then after adjusting the equipment – the bow, arm protector – and a short practice session we head out to hunt the animal shaped targets on the archery course. Minimum age – 6. You will need: comfortable clothing, good footwear. Contact: Scheffau tourist information office, Telephone: +43 (0) 50509 310

FRI *The highest Wilder Kaiser peak – Ellmauer Halt*

OUTDOOR

ELLMAU – Wochenbrunner Alm; 29.05.–11.09.2015; 07–16; Price: 73,-



Make the crowning glory of your holiday an assault on the highest peak in the Wilder Kaiser – the 2,344 metre Ellmauer Halt. We will meet Alpenschule Schonner at 7 am at Wochenbrunner Alm, where we set off to Gruttenhütte. Then the tour is via the accessible and insured Gamsängersteig (rated B/C). You will be rewarded by views over the Inn Valley and across to the 3,000 metre high peaks of the Hohe Tauern Mountains. You will need: good hiking boots, snack and at least 1 litre of liquid, jacket, a change of clothing, rain protection and sun protection, be fit enough to hike for

about 5 hours. Contact: Alpenschule Schonner, Telephone: +43 (0) 664 4541216

Sports climbing for beginners

OUTDOOR

ELLMAU – Ellmau tourist information office; 29.05.–11.09.2015; 08:30–15; Price: 65,- (incl. equipment: 83,-)



Climbing on a rock face challenges and develops the body and spirit in a healthy way and creates a natural balance in your day-to-day life. Today we meet outside Ellmau tourist information office and then head to Wochenbrunner Alm, the starting point for lots of climbing tours. It is around a 40 minute walk to the climbing and practice rock crags. Afterwards we climb on the practice crags close to Gaudeamushütte. During the day you will get some beginners tips and feel for the wall. You practice climbing holds, belaying and abseiling on the “Marmot rocks” After walking back down, a

taxi brings you back to Ellmau. Ideal for adults and teenagers aged 14 and over. You will need: hiking boots or trainers, drinks bottle, light snack, rain protection and sun protection, sunglasses, (helmet, belt, climbing shoes if you have them). Contact: Club Vertikal, Telephone: +43 (0) 676 6132066.

Mountain Skyver Tour

OUTDOOR

SCHEFFAU – Scheffau tourist information office; 29.05.–11.09.2015; 13–18; Price with/without Guest Card: 49,-/54,-



Walk uphill and roll down. Experience a new dimension on 2 wheels on a Mountain Skyver. Start with your guide outside Scheffau tourist information office heading for Lake Hintersteiner See on the Seebus, and from there it's about an hour's walk to the Walleralm. There is a briefing before making the exciting descent towards the lake and Café Rosmarie. The price includes equipment and snack. You will need: sturdy footwear, comfortable clothing, maybe a drink, rain protection and sun protection. Contact: Outdoor Hofer, Telephone: +43 (0) 664 1419028.

Register by midday the day before at wilderkaiser.info/wochenprogramm or in one of the tourist information offices:

ELLMAU +43 (0) 50509 410 • **GOING** +43 (0) 50509 510 • **SCHEFFAU** +43 50509 310 • **SÖLL** +43 (0) 50509 210

or directly with our outdoor partners. Many of the programme features are available every day, on request. During the Week of Mountain Sports (20.06.–27.06.) not all programme features are available.

All information is subject to change. All prices are per person and in Euro.

Mountain biking. The gentle grass covered mountains of the northern Kitzbüheler Alps provide a wide network of routes including challenging trails and spectacular panoramic routes for mountain bikers too.

Sports shops which have bikes for hire:

ELLMAU

Intersport Winkler (main store)
Dorf 11
T: +43 (0) 5358 2305
info@intersport-winkler.at
www.intersport-winkler.at

Sport 2000 Fuchs
Alte Straße 3
T: +43 (0) 5358 2555
info@skifuchs.at
www.skifuchs.at

GOING

GoingBike Mountainbike Schule
Marchstraße 59
T: +43 (0) 5358 3127 oder +43 (0) 664 6272265
office@goingsport.at
www.goingbike.at

GoingSport Outlet
Dorfstraße 10
T: +43 (0) 5358 3127
office@goingsport.at
www.goingsport.at

Sport-Eck Stanglwirt*****
Kaiserweg 1
T: +43 (0) 2000 7852
sporteck@stanglwirt.com
www.goingsport.at

SCHEFFAU

**Alpin-Laden-Center
Sportshop Rainer**
Dorf 29
T: 43 (0) 5358 8346
rainer.soell@aon.at
www.sport-rainer.at

Sport Gatt
Am Trattenbach 8
T: +43 (0) 650 4483772
office@sport-gatt.at
www.sport-gatt.at

Hotel Waldhof Resort
Schwarzach 3-5
T: +43 (0) 5358 8122
office@waldhof.info
www.waldhof.info

SÖLL

Sporthaus Edinger (valley station)
Stampfanger 21
T: +43 (0) 5333 20040
info@sport-edinger.at
www.sport-edinger.at



Cycling on quality-approved routes

Six guided mountain bike tours which are suitable for a range of biking abilities, are on offer weekly from May until October and start in Going. There is an alpine biking adventure, which is suitable for young cyclists from 6 years old plus, a weekly mountain bike technique training session. This will help you to optimise your ability on various terrains. If you prefer to ride alone, the Wilder Kaiser online tour planner will help you to quickly find a suitable route. www.wilderkaiser.info/biking

Tip for downhillers:

In Hopfgarten there is a bike park which has a 3 km downhill section.

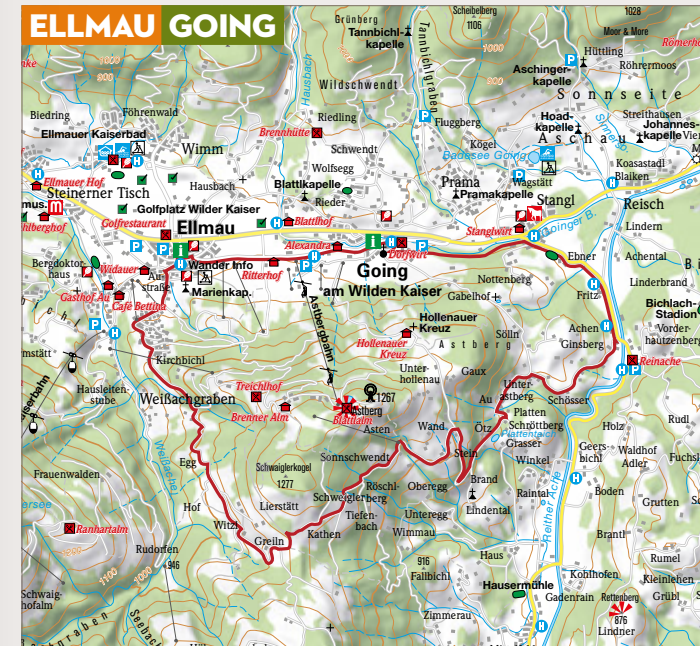
Head in relaxed fashion on the gondola in Hopfgarten to the intermediate station and to the start of the downhill route at around 1,160 m.

More information available on the Internet at: www.bikepark-hopfgarten.at

1

KATHENRUNDE CIRCUIT

Performance-oriented panoramic circuit for fit riders.



Medium

15.2 km

600 metres

1,179 m

1 hour 30 mins

Info Office
Going

Start at the Tourist Information office in Going and ride to the end of the village to the big car park near the fire station. Here take a turn-off into the Auweg – the gravel trail which proceeds to the Stanglwirt – where you follow the country road to the right. Before the bridge take a right and follow the signposts for „Hollenaue Kreuz“. Pass Unterastberg farm and the Platten-teich where there are water lilies. At the farm Wand you will no longer follow the signposts for Hollenaue Kreuz, rather bear left and head for Kathen. Having arrived at the top you get to enjoy an impressive view to the Kitzbühler Horn. A short gravel trail heads to Bauernhof Greiln. You then follow the tarmac road to the centre of Ellmau and proceed back to Going via the Alte Straße.

Inns along the way:

Gasthof Dorfwirt
Dorfstraße 29, 6353 Going
T: +43 (0) 5358 2411
www.dorfwirt-going.at

Cafe Restaurant Alexandra
Marchstraße 16, 6353 Going
T: +43 (0) 680 1188993
www.pension-alexandra.com



www.wilderkaiser.info

2

OBERE REGALM

Challenging bike tour to the idyllic setting of the Obere Regalm.



Difficult

7 km

700 metres

1,331 m

1 hour

Info Office
Going

From the Tourist Information office in Going head out to Raiffeisenbank, then take a left. After the underpass you cycle on the tarmac Pramaweg until you reach Grotten-thaler, an electrical goods shop, take a left and head for the Wilder Kaiser and Tann-bichl chapel. You then get to the Tannbichl car park. Take the gravel road there, passing Tannbichl chapel – a genuine mountain-eers' chapel, up to Obere Regalm. The Regalm is open on Wednesdays, Saturdays and Sundays in the summer. After some refreshments anyone who wants to head higher up can follow the footpath to Ack-erlhütte and after around 20 minutes will be rewarded with a view which is beyond compare. Return via the same route back to the starting point.

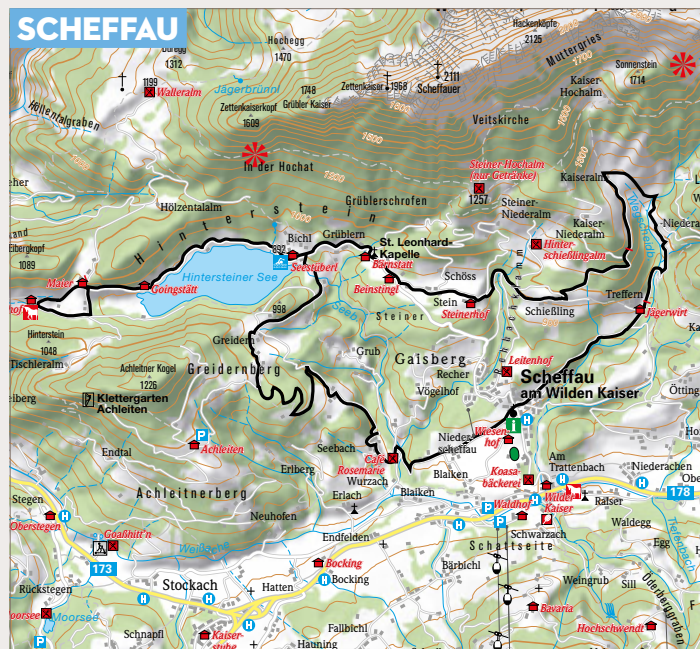
Inns along the way:

Obere Regalm
Am Kaiser 160, 6353 Going
T: +43 (0) 664 1309164
harassen@goingnet.at
www.regalm.at



3 WILDER KAISER SCHEFFAU

Mountain bike tour for experts in a majestic alpine area.



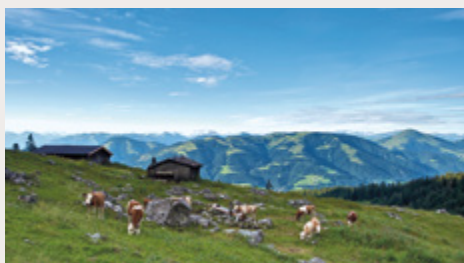
Difficult
 21.2 km
 950 metres
 1,148 m
 3 hours 30 mins
 Village center Scheffau

„Mountain bike route 338“ starts at the council offices for Scheffau/church (car park). Cycle through Sonnwies to Café Rosemarie and then head uphill to Obholzshof and Hochegg. Bear right and down to Lake Hintersteiner See. At Seestüberl car park, bear left, drive along to Pension Maier and take a detour to the Hagenhof. We get back to the Seestüberl on the same road. The route continues via Bärnstatt and Stein to the Schießlinghöfe and uphill to the Kaiseralm. Downhill (very steep in parts – section where you have to push the bike) you get to Wegscheidniederalm and the Jägerwirt. From there cycle on the road back into the village.

Inns along the way:

Gasthof Pension Jägerwirt
 Wegscheid 8, 6351 Scheffau
 T: +43 (0) 5358 86700
 www.jaegerwirt.cc

Lake Hintersteiner See
 There are a number of lovely refreshment stops by the lake.



4 ACHLEITBERG - LAKE

HINTERSTEINER SEE
 Picture postcard panorama to Lake Hintersteiner See – a natural gem.



Medium
 9.3 km
 440 metres
 1,007 m
 2 hours
 Village center Söll

From the centre of the village of Söll ride initially to the Franzlshof along the main road. Continue past the picturesque moor lake down to Gasthaus Oberstegen. You now have to cross an A road briefly and then the climbing starts after the bridge. It is around 5 km up to Gasthof Achleiten, in serpentine bends, and an extensive picture postcard panorama. Enjoy a rest once you get to the top then continue to Lake Hintersteiner See – the jewel of the Kaiser. This route is only 2 km in length and is mostly downhill. Continue riding either to Scheffau (338) or Söll (338 initially, then the Sölllandl cycle path).

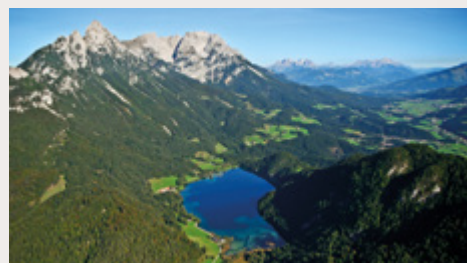
Inns along the way:

Franzlshof
 Dorfbiel 34, 6306 Söll
 T: +43 (0) 5333 5117
 www.franzlshof.com

Gasthof Oberstegen
 Stockach 44, 6306 Söll
 T: +43 (0) 5333 5277
 www.gasthof-oberstegen.at

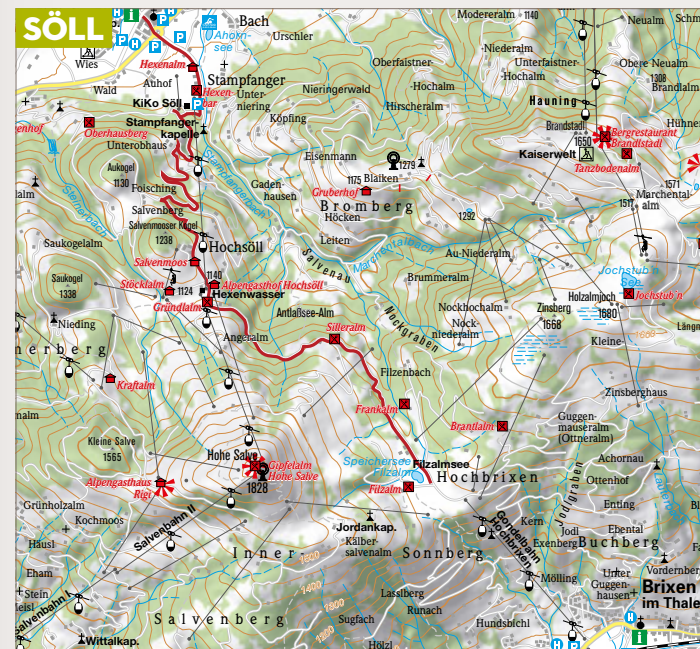
Gasthof Achleiten
 Achleitberg 14, 6306 Söll
 T: +43 (0) 5333 5286
 www.alpengasthof-achleiten.at

Seestüberl
 Hinterstein 52, 6351 Scheffau
 T: +43 (0) 5358 8191
 www.seestueberl.info



5 SÖLL - HOCHSÖLL - HOCHBRIXEN

Moderately difficult bike tour between Hexenwasser and Lake Filzalmsee.



Medium
 9 km
 950 metres
 1,288 m
 3 hours
 Village center Söll

From the centre of the village of Söll ride to the valley station for the ski lift. After the underpass head up the Salvenberg. On serpentine, in the shade, ride to Berggasthof Hochsöll. Right after the intermediate station proceed along the forest path, passing the Gründlalm, then bear left until you pass the hidden stone giants. After a short climb you get to the old ski lift station and in a short while can make a left turn and head to Silleralm. An energy drink will give you the energy you need for the final push up to the Filzalm.

Inns along the way:

Alpengasthof Hochsöll
 Salvenberg 26, 6306 Söll
 T: +43 (0) 5333 5260 4500
 www.alpengasthof-hochsoell.at

Gründlalm
 Salvenberg 28, 6306 Söll
 T: +43 (0) 5333 5060
 www.gruendlalm.at

Silleralm
 Salvenberg 33, 6306 Söll
 T: +43 (0) 5333 5108

Filzalm
 Filz 24, 6364 Brixen im Thale
 T: +43 (0) 664 4147228



6 SÖLL - TANZBODEN - ELLMAU

Challenging bike round trip which has leisurely refreshment stops.



Medium
 27.5 km
 901 metres
 1,601 m
 3 hours
 Village center Söll

From the centre of the village of Söll ride to the valley station for the ski lift. After around 100 metres the road bears left and takes you up the Bromberg. On a not very busy road you pass traditional farms and Gasthof Gruberhof. Before you reach the ski area, you pass Kogl-Kaser Haus. The road now meanders in serpentine up to the Südlift and to the Tanzbodenalm which is open for business (and which has sun terraces). You are free, as the mood takes you, to either go back the same way or to opt for an exceptionally attractive continuation of the route to Ellmau and then via the Sölllandl cycle trail via Scheffau back to Söll.

Inns along the way:

Alpengasthof Gruberhof
 Bromberg 22, 6306 Söll
 T: +43 (0) 5333 5104
 www.gruberhof.at

Tanzbodenalm
 Bromberg 35a, 6306 Söll
 T: +43 (0) 5358 43150 oder
 T: +43 (0) 664 3427026
 www.tanzbodenalm.at

Panoramarestaurant Bergkaiser
 Weißachgraben 5a, 6352 Ellmau
 T: +43 (0) 5358 2320 232
 www.skiellmau.at

Ranhartalm
 Weißachgraben 36, 6352 Ellmau
 T: +43 (0) 5358 3064





Weekly programme *Bike Summer 2015* Discounts with the Wilder Kaiser Guest Card.



MON Easy Mountain bike Tour

BIKE

GOING - GoingSport; 04.05.-12.10.2015; 14-17; Price with/without Guest Card: 27,-/30,- (with bike hire: 40,-/45,-)



An easy beginner bike tour on the Wilder Kaiser including technique tips. Ideal tour for families and great for starting out. You ride on easy forest and meadow trails. 20 km, 250 metres altitude. Suitable for beginners, minimum of 12 years old; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

TUE Mountain bike technique training „Basic level“

BIKE

GOING - GoingSport; 05.05.-13.10.2015; 14-17; Price with/without Guest Card: 36,-/40,- (with bike hire: 54,-/60,-)



During this technique training session you learn the correct basic technique and get lots of tips, so a mountain bike tour in the mountains becomes a real adventure. Whether it basic position, positioning yourself for going uphill, proper breaking and taking bends, tackling your first easy trails – this technique workshop is your introduction to mountain biking. The tour includes extensive video analysis. 10 km, 250 metres altitude.

Suitable for beginners, minimum of 12 years old ; contact & meeting point: GoingSport, Dorfstraße

10, T: +43 (0) 664 6272265

WED Junior Biking

BIKE

GOING - GoingSport; 20.05.-27.05. und 01.07.-02.09.2015; 09:30-12; Price with/without Guest Card: 12,50/25,- (with bike hire: 17,50/35,-)



This children's tour is the highlight of our holiday programme. Children learn the correct mountain biking technique in a relative short space of time. Children will have an unbelievable amount of fun during our course training and metres altitude.

Suitable for beginners, minimum of 9 years old; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

Electric mountain bike tour in the Kitzbüheler Alps

E-BIKE

GOING - GoingSport; 06.05.-08.07. und 09.09.-14.10.2015; 13-18; Price with/without Guest Card: 33,-/35,- (with bike hire: 54,-/60,-)



Sensational electric mountain bike tour in the Kitzbühler Alps. Experience wonderful trails and paths close to Kitzbühel and Kirchberg. On electric mountain bikes you will enjoy a fun tour. We have state-of-the-art electric bikes with Bosch engines available for hire. 55 km, 800 metres altitude.

Basic ability and basic fitness required, minimum of 14 years old;

contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

Bambino Biking

BIKE

GOING - GoingSport; 20.05.-27.05. und 01.07.-02.09.2015; 16-18:30; Price with/without Guest Card: 12,50/25,- (with bike hire: 17,50/35,-)



Every beginning is difficult! With our technique training for children cycling is child's play. Children learn the basic technique in a funny way. How to brake right, take bends properly, stay balanced... 4 km, 80 metres altitude.

Suitable for beginners, minimum of 6 years old; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

Register by 5 pm the day before at wilderkaiser.info/wochenprogramm or in one of the tourist information offices:

ELLMAU +43 (0) 50509 410 • **GOING** +43 (0) 50509 510 • **SCHEFFAU** +43 50509 310 • **SÖLL** +43 (0) 50509 210

or direct with our bike partners.

All information is subject to change. All prices are per person and in Euro.

THU Mountain bike tour SkiWelt Safari

BIKE

GOING - GoingSport; 07.05.-15.10.2015; 09-14; Price with/without Guest Card: 36,-/40,- (with bike hire: 50,-/55,-) Lift ticket is extra.



Enjoy a stunning tour in the mountains of SkiWelt Wilder Kaiser – Brixental. First, we use some lifts for „SkiWelt Safari“. Afterwards we head by mountain bike on altitude trails and woodland paths through alpine pasture areas, enjoying the Kaiser panorama. There are not many climbs to tackle during this tour. The SkiWelt Safari is also suitable for families. During the tour around 3 ski lifts in the SkiWelt are used. 40 km, 1400 m altitude descent. Good technique required, minimum of 14 years old ; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

E-Bike tour with Rudi

E-BIKE

SÖLL - Sporthaus Edinger; 21.05.-08.10.2015; 09-15; Price with/without Guest Card: 20,-/25,- (with bike hire: 35,-/40,-)



Out and about on the bike in a different way – using an electric engine! Together with Rudi we either start out from Sporthaus Edinger in Söll at 9 am or from Sport/Mode Rainer in Scheffau at 09.30 heading for Ellmau. From there we head up to the Hollenauer Kreuz, where we have a wonderful and unforgettable panoramic view into the valley. After a refreshment stop we will descent back to Söll via Ellmau and Scheffau. T: +43 (0) 50509 210

Parents – children biking adventure

BIKE

GOING - GoingSport; 21.05.-28.05. und 02.07.-03.09.2015; 15-18; Price for 2 people (1 child & 1 adult) with/without Guest Card: 54,-/60,- (with bike hire: 72,-/80,-)



A ride to discover „Söllleukentales“ in an exciting and simultaneously relaxing way. Top-class bike tour, a combination of tour and technique training. We also visit the Bike park. Fun for the whole family, with a great deal of learning to boot. 15 km, 250 metres altitude.

Suitable for beginners, minimum of 9 years old; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

FRI Mountain bike technique training „Advanced“

BIKE

GOING - GoingSport; 08.05.-16.10.2015; 09-12; Price with/without Guest Card: 40,-/45,- (with bike hire: 59,-/65,-)



You get in-depth and detailed technique training by tackling the hard trails! This tour includes video analysis. We try to consider the weak points of each person and set about improving them. Main themes of the tour: Bunny Hop, bends, steep descents, safe trail riding, emergency descending, emergency braking. 20 km, 350 metres altitude.

Basic fitness required, minimum of 12 years old; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

Bike tour for teenagers with Bike park special and trail biking

BIKE

GOING - GoingSport; 22.05.-29.05. und 03.07.-04.09.2015; 13-16:30; Price with/without Guest Card: 32,-/35,- (with bike hire: 45,-/50,-) Lift ticket extra.



This technically demanding bike tour is specifically for teenagers who have good advanced knowledge or who have already done bike training. A fantastic mountain bike adventure with the maxim being „A bit of effort uphill – lots of fun downhill“. After an extensive session in the Bike park you take the Astbergbahn chair lift in comfort up the mountain, several descents follow then. 20 km, 1,050 metres altitude descending. Good riding technique required, minimum of 9 years old; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

Mountain bike tour „Ride the Kaiser“

BIKE

GOING - GoingSport; 08.05.-10.07. und 11.09.-16.10.2015; 14-18; Price with/without Guest Card: 35,-/39,- (with bike hire: 50,-/55,-)



You want adventure, pure nature, challenging trails and two to three beautiful uphill rides (each about 30 minutes)? Then this is the right tour for you. „Ride the Kaiser“ is a cross country trail along the Wilder Kaiser. Experience our most exciting and sportiest tour for yourself, at the foot of the Kaiser. 30 km, 800-1,000 metres altitude. Basic knowledge required, good fitness needed, minimum of 14 years old; contact & meeting point: GoingSport, Dorfstraße 10, T: +43 (0) 664 6272265

Mountain running & Trail Running – Leisure-oriented runners appreciate the relaxing running circuits close to the village, while mountain runners get to put in some metres altitude on the most spectacular trails.



Plenty of views – the original route for the Kaiser marathon



Fitness course – Forstmeile

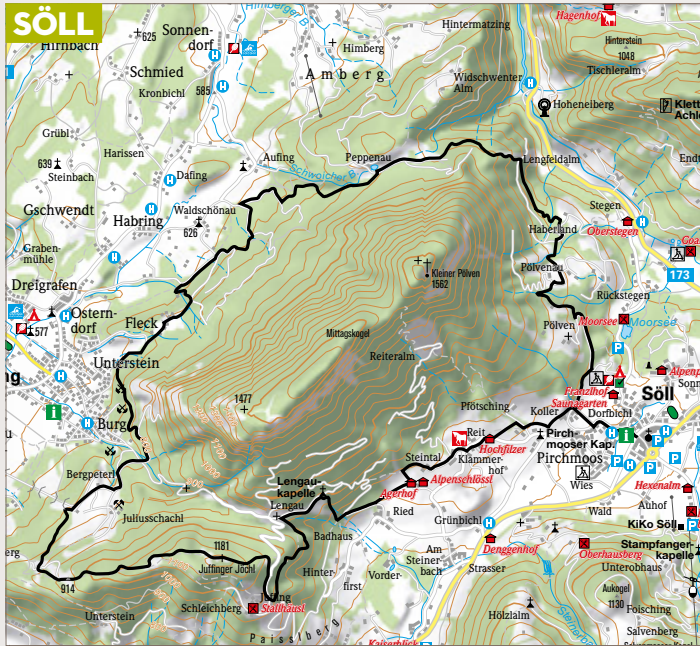
On the recently created running and Nordic Walking route above the Mühlberghof golf course in the district of Steinerer Tisch in Ellmau you can do a variety of drills at the end of a 1,000 metre run, or combine the “Forstmeile” with a circuit of the village to Ellmau.

Tour de Tirol

Unique 3-day running event in the Alps at the start of October. With the **Söller Zehner, Kaisermarathon** and **Pölven-trail** – 3 races, 75 kilometres and 3,500 metres altitude in total. Nordic Walking Festival on the Hohe Salve. www.tourdetirol.com



1 PÖLVENTRAIL
Day 3 as part of the Tour de Tirol – 23.5 km and 1,460 metres altitude.

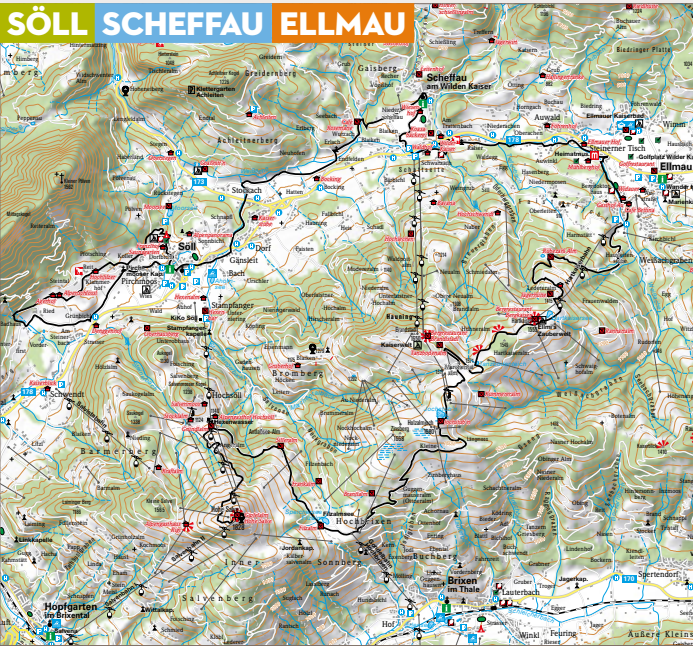


- Difficult**
- 23.5 km
- 1,460 metres
- 1,142 metres
- 3 hours 30 mins
- Village center Söll

On the Pölven trail (3rd event in the Tour de Tirol) the original route can only be done on the day of the race since it goes through a quarry. Throughout the year the alternative route has a short detour around the quarry; signposted for all trail running enthusiasts.

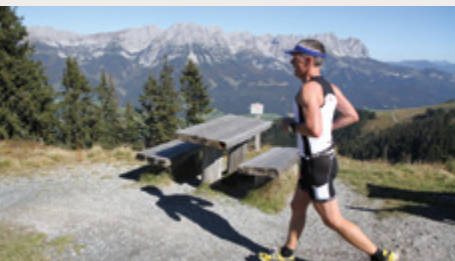


2 KAISERMARATHON
The main feature of the 3-day running event, with over 2000 metres altitude.



- Difficult**
- 43.3 km
- 2,070 metres
- 960 metres
- 1,829 metres
- 8 hours
- Info Office Söll

The Kaiser marathon (2nd event in the Tour de Tirol) starts in Söll and proceeds via Scheffau and Ellmau to the Hartkaiser, back to the Brandstadl, via Lake Filzalmsee to Hochsöll and from there to the finish on the Hohe Salve.



Tourismusverband WILDER KAISER

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